Professional Nursing Staff Organization

Evidence-Based Practice Statement

The PNSO supports and encourages evidence-based practice (EBP) to improve care and achieve excellent outcomes throughout the institution.

To that end, our **research vision*** is:

> Patients and their families will have nurses who actively question their practice, and base their practice on research.

Our **research mission*** is:

> Promote a culture of inquiry which fosters nursing research driven by clinical relevance and patient need. The research findings will be disseminated throughout the institution via electronic and lecture forums. This research will, in turn, provide a basis for data-driven practice. The PNSO is firm in our conviction that evidence-based practice results in improved patient outcomes.

Mechanisms by which EBP is encouraged include:

- The integration of science into practice via the Clinical Practice Committee;
- Regular *Practice News* updates and "alerts;"
- The use of advanced practice nurses to assure the recognition and integration of science into practice;
- The systematic implementation of procedures and standards of care developed and supported by professional organizations;
- The Nursing Research Mentor program which promotes EBP in addition to teaching clinicians how to scientifically test questions of importance to nursing practice;
- Professional venues to support, educate and recognize research-based initiatives and research projects;
- The annual Evidence-Based Practice Day, an educational offering that features the outcomes of the Nursing Research program and other EBP projects.
- An active partnership with the School of Nursing that promotes collaboration between clinicians, students and faculty.
- The development of the Evidence-Based Practice Framework. The Evidence-Based Practice Framework establishes a process for assessing and critiquing research, and incorporating and implementing validated research into nursing practice at UVA Health System. The Evidence-Based Framework ensures involvement of Advanced Practice nurses in the evaluation and validation or research before implementation.
- The development of the Evidence-Based Template (see example). This document may be used by any clinician at UVA Health System to submit a suggestion for change in nursing practice to the Clinical Practice Committee. The document provides guidance for completing a preliminary assessment of the evidence supporting the recommendation for change.

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