

AD ASTRA

Volume 2, Issue 7

April 2008

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FIRST INTERNATIONAL SYMPOSIUM ON ADDICTION MEDICINE:

NEUROBIOLOGY OF ADDICTION TO ALCOHOL AND OTHER DRUGS

San Jose, Costa Rica, February 28-29, 2008



On February 28-29, several members of the Neurobiology section traveled to Costa Rica to participate in *The 1 International Symposium on Addiction Medicine, Neurobiology of Drug Addiction*. The Symposium was a collaborative project between the University of Virginia, Universidad de Ciencias Médicas (UCIMED) and Asociación Centro de Rehabilitación para el Adicto (ACERPA) which grew out of a research and training partnership between **Prof. Bankole Johnson** and members of the ACERPA addiction team. Over 300 medical professionals and students made up the audience of the two-day conference at the Real Intercontinental Hotel in Escazú. The overarching goal of the symposium was to exchange cutting-edge scientific information, modern technology, and treatment-techniques with addiction researchers and clinicians in Latin America, where drug and

alcohol abuse is still considered by many to be unrelated to mental health.

Day 1 and first half of Day 2 consisted of a series of lectures where each speaker offered their perspective on (and expertise in) an area of addiction research and treatment. The great breadth of topics covered neurobiology, genetics, pharmacology and psychosocial behavior and treatment techniques. Presenters from our department included **Drs. Wendy Lynch, Kim Penberthy, Karen Ingersoll, Nassima Ait-Daoud, Heather Haughey, Sherry Ceperich** and **Gabrielle Marzani-Nissen**. The Keynote Address was given by Prof. Pedro Ruiz, Professor and Interim Chair of the Department of Psychiatry and Behavioral Sciences at the University of Texas Medical School at Houston and immediate Past President of the *continued on page 2...*

The 2008 MATCH DAY RESULTS

Dr. Ed Kantor and Laura Covert are happy to announce the incoming residents for 2008! We are anticipating their arrival in early June...

Anita Chu-----Brown Medical School
Derek Harman -----West Virginia School of Osteopathic Medicine
Priscilla Hidalgo-----Instituto Tecnológico de Santo Domingo (Intec)
Sapandeep Khurana-----Government Medical College, Amritsar
Meredith Lee----- Edward Via Virginia College of Osteopathic Medicine
Lady Aura Martinez Fernandez----- Universidad Iberoamericana (UNIBE)
Rachna Raisinghani-----Topiwala National Medical College
Maria Santa Cruz----- Universidad Nacional de Asuncion
Renu Shah----- Pennsylvania State University College of Medicine
Jacob Treskovich -----Temple University School of Medicine

Costa Rican Conference...continued from page 1

American Psychiatric Association, concerning the United States perspectives of addiction among Hispanics. Throughout the remainder of Day 2, conference attendees were trained through practical workshops on the latest treatment techniques developed and deemed efficacious by researchers.

Those who participated in the symposium from our department were all in agreement about the best aspect: the audience. Dr. Ingersoll enjoyed the rapt attention of non-English speaking participants who, despite having to listen to 8 hours per day of simultaneous translation in the ear, took notes and asked great questions all day for 2 days. Dr. Penberthy described the participants as gracious and eager to learn and that it was a pleasure to lecture and interact with them. She noted that she was, "the *last* speaker on both *long* days of the conference and *everyone* was still there at the end of the day and paying attention, asking great questions and generally being fabulous!" Dr. Lynch enjoyed the quiz section following the workshops where the audience members each had hand held response devices that allowed them to answer multiple choice questions. Once the audience finished making their selection, the program graphically showed how the audience responded to each question. Dr. Lynch felt it was a great way to engage the audience and to gauge whether or not the audience understood the presenters talk.

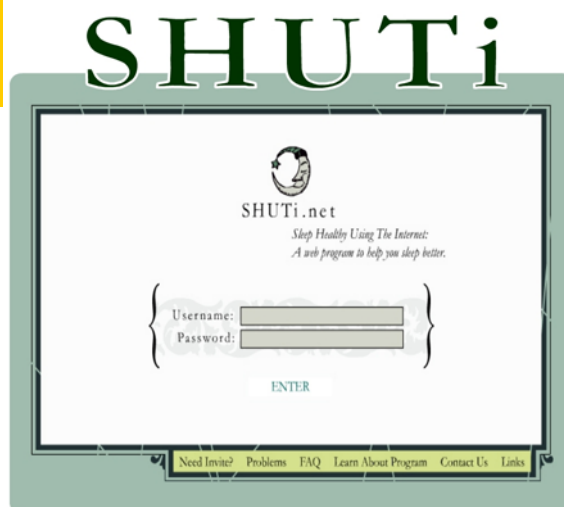
Dr. Lynch was further impressed with the Costa Rican hospitality and culture. "The welcoming that we had from the ACERPA group was incredible. They had books on Costa Rica for each of us in our rooms. The meals were amazing as well-- starting with an incredible meal at Dr. Mariella Tanzi's estate and ending with an authentic Costa Rican meal at a restaurant in town including platanos (plantains) and gallo pinto," added Dr. Lynch.

The symposium was the first of its kind in Latin America. Crucial aspects of understanding the disease of addiction were exposed and hopefully as a consequence the health systems will be stimulated throughout Costa Rica, Mexico, and other nations in Central America. As for now, everyone is anticipating the *second* annual symposium where those behind the scenes, such as Greg Shifflet and Miki Gerry, hope to attract more attention and participation from medical professionals in the United States. PURA VIDA!

THURSDAY February 28 Welcome and Introductions	
8:00-8:50	<ul style="list-style-type: none"> • Javier Quirós, President of ACERPA • Dr. Misael Chinchilla – UCIMED • Bankole A. Johnson • <i>Drug Problem in Costa Rica</i>. Lic. - Laura Chinchilla, Vice President of Costa Rica • <i>Research of Drug Addiction in Costa Rica</i>- Dr. Giselle Amador
Neurobiology and Pharmacological Treatments for Addiction	
8:50-9:40	<i>Animal Models of Addiction: Nexus of Neurobiology and Behavior</i> Wendy Lynch, PhD
9:40-10:30	<i>Role of Cortical GABA and Glutamate Dysregulation in Alcoholism: Disease and Treatment</i> – Scott E. Hemby, PhD
10:45-11:35	<i>Topiramate for Treating Alcohol Dependence: The Multi-Site Randomized Controlled Trial</i> – Bankole A. Johnson, DSc, MD, PhD
11:35-12:25	<i>The NIAAA Medications Development Program</i> – Mark Willenbring, MD and Raye Litten, PhD
1:25-2:15	<i>The NIDA Medications Development Program</i> – Frank J. Vocci, PhD
Psychosocial Treatments for Addiction	
2:15-3:05	<i>Evidence-Based Psychological Treatment for Addiction</i> – Karen S. Ingersoll, PhD
3:05-3:55	<i>Motivational Interviewing: A Client-Centered, Goal-Oriented Approach for Changing Addictive Behaviors</i> – Sherry Dyche Ceperich, PhD
4:10-5:00	<i>Cognitive Behavioral Therapy for Addictions</i> – J. Kim Penberthy, PhD
HIV Prevention and Treatment in Substance Abusers	
5:00-5:50	<i>Alcohol, Drug Abuse, and HIV: Challenges in Prevention and Treatment</i> – Gabrielle Marzani-Nissen, MD
FRIDAY February 28	
8:30-8:40	<i>Introduction of Keynote Speaker</i> Bankole A. Johnson, DSc, MD, PhD
Keynote Address	
8:40-9:30	<i>Addiction Among Hispanics: USA Perspectives</i> – Pedro Ruiz, MD
Molecular Genetics and Addictions: Implications for Treatment	
9:30-10:20	<i>Addiction Genetics: An Overview</i> Heather Haughey, Ph.D.
10:35-11:25	<i>How Genetic Differences at the Serotonin Transporter (5-HTT) Affect Craving Among Alcoholics of Hispanic Origin: Implications for Treatment</i> – Nassima Ait-Daoud, MD
WORKSHOPS	
Advances in the Pharmacotherapy of Addictions	
11:25-12:10	<i>Advances in Medications to Treat Alcohol Use Disorder</i> - Mark Willenbring, MD & Raye Litten, PhD
1:10-1:55	<i>Pharmacotherapy for Addictions: A Status Update</i> Frank Vocci, PhD & Ahmed Elkashef, MD
Advances in the Use of Psychosocial Treatments for Addictions	
1:55-2:40	<i>Brief Behavioral Compliance Enhancement Therapy</i> Nassima Ait-Daoud, MD & Bankole A. Johnson, DSc, MD, PhD
2:40-3:25	<i>Using Motivational Interviewing to Improve Health Among Substance Users with HIV: The CART Project</i> – Karen S. Ingersoll, PhD
3:40-4:25	<i>Cognitive Behavioral Therapy in the Treatment of Substance Dependence and Co-Occurring Psychiatric Disorders</i> – J. Kim Penberthy, PhD
5:10-5:25	<i>Closing Remarks</i> – Pedro Ruiz, MD & Bankole A. Johnson, DSc, MD, PhD

Behavioral Health & Technology Receives Cancer Center Grant

Dr. Lee Ritterband and Co-PI **Dr. Lora Baum**, from the Cancer Center, were recently awarded internal funding through the UVA Cancer Center **Mary Semmes Scripps Fund for Integrative Medicine** for their collaborative project entitled *Evaluating Internet-Based Interventions for Insomnia in Cancer Patients*. Sleep difficulties are among the most common complaints of cancer patients, who experience insomnia symptoms at much higher rates than the general population. While cognitive-behavioral therapy for insomnia (CBT-I) is an effective treatment for cancer patients as well as a good alternative to taking additional medication, accessibility is limited. To improve availability, Dr. Ritterband's team has developed an online program, aptly named Sleep Healthy Using the Internet (SHUTi, pronounced SHUT-EYE), that provides CBT-I to anyone with Internet access. As part of Dr. Ritterband's NIMH grant to develop and test SHUTi, the intervention has been shown to be very effective at reducing symptoms of insomnia in otherwise healthy adults. Dr. Ritterband and Dr. Baum believe that SHUTi will also be useful in addressing insomnia experienced by cancer patients. Given the often experienced additional difficulties of pain and anxiety with cancer patients, hypnosis will be subsequently evaluated as an additive technique to SHUTi.



Dr. Elaine Bailey, Behavioral Health & Technology Fellow, will be running the study with help from other members of the BHT research team. During *Phase 1*, 22 cancer patients with insomnia will be randomized into an experimental condition and wait-list control condition. Experimental subjects will receive access to SHUTi for six weeks. All subjects will be assessed following this intervention period. During *Phase 2*, they will evaluate the additive benefits of hypnosis. Participants will be re-randomized so that half of each group will receive pre-recorded and downloadable self-hypnosis instructions followed by a final assessment battery. Dr. Ritterband and Dr. Baum hope that after using SHUTi, cancer patients with insomnia will show significant improvement on key sleep variables, including sleep efficiency and total sleep time, and they further predict that those who utilize self-hypnosis will show additional sleep improvement.

Dr. Cohen's Role in High-Profile Trial

As the nation followed along, **Dr. Bruce Cohen** testified for the defense attorneys of William Morva, a fugitive who was responsible for the two shooting deaths of Sheriff's deputy Cpl. Eric Sutphin and hospital security guard Derrick McFarland, near the university campus of Virginia Tech in August of 2006. Dr. Cohen suggested he had a personality disorder that results in distorted perceptions and odd behavior.

Dr. Cohen said Morva had nearly all of the nine traits of schizotypal personality disorder, which often begins in adolescence. He said it is not as severe as schizophrenia but made Morva an intense, rigid per-

son who was unable to see things from others' perspective. He testified that Morva also has characteristics of narcissism, which prevents a person from feeling empathy for others. Dr. Cohen's report said Morva saw himself as "that cool guy who hangs out all the time" in coffee shops. However, others Dr. Cohen talked to saw him as an eccentric who was so intense that they couldn't have conversations with him.

Defense attorneys hoped that Dr. Cohen's testimony would help to persuade a Washington County Circuit Court jury that their client should receive life in prison without parole rather than the death penalty.

Administration Spotlight on *Maggie Criscione*



Maggie Criscione is currently celebrating her 20th year as a member of our Department. She began as an *Office Service Specialist*

where her main duties were transcription and taking dictations. Sixteen years ago Maggie took on the responsibilities that came with the brand new billing and coding database, which she still works with today as an *Outpatient Billing Specialist*. She is involved in many parts of the billing process which include dealing with the insurances, benefits and charges, checking all of the physician's notes to match the billing sheets, helping patients with accounts, and answering departmental questions. Every morning on her way to her office at Northridge (an office she has happily shared with Patty Spencer, our January Spotlight, since the move to Northridge) Maggie stops first at the Child and Family Clinic to collect their billing and complete their coding. She really enjoys the educational aspect of her role at Northridge in training the residents in matters of billing and administrative responsibilities. She also enjoys working with her colleague, Shandra Gammon, and immensely appreciates Shandra's assistance in the large amount of coding the clinic requires. Maggie loves working as part of the team, and enjoys the diversity of her job She also works part-time (on-top of her full-time job here) at Martha Jefferson Hospital performing transcription.

Maggie's supervisors can not find enough good things to say about her. Her conscientiousness and attention to detail ensure that all Northridge/Child and Family billing is accurate and submitted in a timely fashion. Maggie works very hard and yet she always has time to assist others and work with patients on billing issues. She is always pleasant to be around and finds no task too daunting!!

In her free time Maggie enjoys traveling, and tries to make it to Florida as often as possible. She also enjoys reading and exercising each morning, and hopes to find more time for hiking. She has three sons who are all grown: one is living in California, one is married and lives in Virginia and has given her a first grandchild, and the third works in New Jersey for Vonage.

Dr. Barth Collaborates to Receive Department of Defense Grant for TBI

Dr. Jeff Barth just got word that a Department of Defense Grant received funding on which he is a co-investigator/collaborator along with **Drs. Donna Broshek, Jason Freeman**. The grant comes out of Wolford Hall Medical Center, Air Force, San Antonio where Dr. Alan Peterson is the PI. The project is entitled *Disentangling the Symptoms of TBI and PTSD: An Exploratory analysis of Combat related Injury Assessment Conducted in Iraq*. The purpose of the study is to determine the factors critical to differentiation of the diagnosis of mild TBI and PTSD, which are two of the signature injuries in US military personnel in Iraq. It is thought that the overlap in the symptoms of the two conditions may result in inaccurate diagnosis. Drs. Barth, Broshek and Freeman will be involved in performing a retrospective review of approximately 700 standardized assessments that have been collected at military hospitals for the last year. The data will be entered into a database that will allow for descriptive and statistical analysis and results will hopefully lead to the clarification of the relationship between TBI and PTSD symptoms and thus lead to more appropriate treatment.



Meet our Fellows**Dr. Stefania Fabbri, PhD, PsyD**

Stefania is in her second year as a post-doctoral fellow with an emphasis in addiction studies. Originally from Bologna Italy, she received first her PsyD, and still not satisfied, subsequently obtained her PhD from the University of Bologna. While completing her PsyD, Stefania spent a year at Brown University working at the Mood Disorders Program, which is where she met her husband...not in the clinic, they met at the University playing pool. Together they moved to Charlottesville, where his family is from, and she entered the fellowship program to gain more experience with patients who have addictions. She wanted to fill the gap in her research, which was primarily focused in mood disorders, where those who have substance disorders are typically excluded from studies.

Currently her days are kept busy at the North Fork Research Park. She works on a number of the pharmaceutical trials that **Prof. Bankole Johnson** is running, providing psychological assessments to determine if individuals are eligible to participate in the study. She also provides brief follow-up psychological assessments as well Cognitive Behavioral Therapy for all of the subjects in each study. Stefania plays a role in **Dr. Karen Ingersoll's** project EARLY, which is designed to evaluate the efficacy of a single session Motivational Interviewing (MI) intervention to reduce the risk of alcohol exposed pregnancy. When she completes her fellowship in November, Stefania hopes to find a clinical/research faculty position, with a stronger emphasis on research. She is interested in understanding how to effectively integrate psychotherapy and pharmacotherapy as well as investigating the mechanisms of action of different types of psychotherapy. She is looking forward to working on Dr. Ingersoll's study to begin in early summer that will look at the Mechanisms of Action (MOA) of MI.

In her free time, she enjoys cooking, particularly Italian food, spending time with friends and playing a lot of pool (she is also the member of a local C'ville pool team). She also likes to "farm-sit" for her husband's family who have a organic farm in Earlysville.

Announcement**New Journal Club on Driving Safety**

All are invited to participate in a new journal club dedicated to driving safety and various medical conditions, such as ADHD. Each week participants will take turns choosing a related article, which will be emailed out to other members of the club, and then reviewed at the upcoming meeting.

Tuesdays: 3:30 to 4:30
Center for Behavioral Medicine
Research Library,
Barringer 4, Hospital West.

Food will be provided!
 E-mail Daniel Cox if you would like to participate and be placed on the mailing list:
jc4f@virginia.edu

ACHIEVEMENT

Dr. David V. Hamilton, one of our 3rd-year residents, has been selected for a fellowship to support his attendance at the Workshop on Clinical Trials in Psychopharmacology in New York City being held on April 15-17, 2008. The travel grant will provide a hotel accommodations in New York for three nights, airfare, and transportation during his stay. Congratulations!



Dr. Diana Smith is now accepting food and beverage donations for the May 10th *American Cancer Society Relay for Life* Event at The Park at UVa. If you would like to make a donation (especially of bottled water or coffee) please feel free to contact Diana: das6x@Virginia.EDU Or to make a monetary donation visit: cvillereleyforlife.org

Meet our NEW Chief Residents

Laura Dauenhauer, M.D.

Laura is one of our two Chief residents for next year, officially assuming their responsibilities June 1st. She came to UVa seeking a warmer climate after finishing up Medical School at the Medical College of Wisconsin. Laura admits that her experience during interview day made the choice to complete here residency here obvious. She recalls a warm and enthusiastic welcome by Laura Covert, residents who were happy and loved the program, the great balance of education and training, and of course who could forget a final interview with Patty Porterfield (yes, we all love Patty!). To top it all off she drove home to Wisconsin through the beautiful Blue Mountains. Laura was sold.

One of the biggest surprises she has experienced since entering our doors was what she learned about herself during her Electroconvulsive Therapy (ECT) rotation with **Dr. Cohen**. Having a very vague idea about what her interests were, she was immediately hooked on the benefits of ECT and impressed at the rate of patient improvement. She also surprised herself, not one to think much about performing her own research, when she approached Dr. Cohen to conduct a study surveying psychiatrists to determine factors that influence ECT referrals. She will be presenting a poster of their findings at the upcoming APA conference. Laura is also very interested in community psychiatry and thinks she would like to work with a Progressive Assertive Community Treatment (PACT) team. Over her 3 years, Laura has grown to really enjoy seeing patients, and experiencing the sense of gratification of seeing them improve regularly. She attributes much of what she has learned about therapy to her supervisor, **Dr. Merkel**.

In her free time Laura loves to read-particularly political biographies from every angle-and watch TV. She also enjoys traveling, having recently visited Hawaii over New Years.



Diana Smith, M.D

Diana is currently in her third year of the residency program, and is excited to be one of the new Chief Residents for the upcoming year. After completing medical school at the Medical University of South Carolina, Diana chose to come to UVa because it was where

she felt most at home while she was interviewing. She felt that the whole experience of the program would provide good exposure as well as help to create a foundation from which she could go in any number of directions in the field. Of course...she also loved Charlottesville.

Throughout the program, Diana's interest in the geriatric population has grown. During her internship year she attended the invitation only *Stepping Stones* program, which is a one-day event designed to encourage interest in geriatric psychiatry (an added benefit: it happened to be in Puerto Rico). The experience propagated her interest in the geriatric population which was later solidified during her second year rotation with **Dr. Sabeen**. After her year as Chief Resident she hopes to land a fellowship geriatric psychiatry, as well as become more involved with community mental health. Throughout her time here Diana has been working with Region 10, volunteering at the free clinic, and hopes to complete a rotation next year at the Valley Community Service Board. She also has a interest in women's mental health. She was fortunate enough to be able to manage several pregnant women in the outpatient clinic as well as co-lead a CBT group with Dr. Penberthy for women with post partum depression.

While not completing residency responsibilities, Diana keeps impressively busy. She works a couple of weekends a month at *First Colony Winery* in the tasting room and encourages even the most modest of wine drinkers to stop by! She is also an active volunteer for Relay for Life, and is currently coordinating food and beverages for the upcoming event. Diana also loves to be outside: hiking, camping, working in her garden, and running.

Presentations...

On March 19, **Dr. Roger Burket** and **Dr. Eileen Ryan** (Child Psychiatry) and **Dr. Jeffrey Aaron** and **Dr. Gary Pelton** (CCCA) presented a day-long conference on *Creating Safe and Healthy Communities: Recognizing Mental Health Disorders in Youth and Reducing the Potential for Violence* at Germanna Community College, Culpeper. Sponsored by the Rappahannock Rapidan CSB, the conference was attended by over 200 educators, clinicians, juvenile detention staff, and case workers.

On March 27, **Dr. Lee Ritterband** attended the 29th Annual Meeting of the Society of Behavioral Medicine in San Diego. He presented in a symposium on *E-health Interventions in Behavioral Medicine: Barriers, Adherence & Outcome* chaired by Deborah Tate, from the Health Behavior/Health Education and Nutrition Department at the University of North Carolina, Chapel Hill.

Dr. Jeffrey Barth presented *Traumatic Brain Injuries in Car Crashes, Sports Concussions, and IED Blast Injuries* at Fort Gordon, Eisenhower Medical Center, in Augusta Georgia on February 21 and 22. **Dr. Barth** also participated in a working group consultation, *Air Force Neurocognitive Pre-deployment Assessment and Evaluation of Concussion*, at Wolford Hall Medical Center in San Antonio, Texas, on Feb. 28 and 29.

Dr. Kim Penberthy discussed several issues surrounding depression on a internet-based program, *Monkeysee*. Monkeysee is a website that contains thousands of professional-quality how-to videos by accomplished experts on every conceivable topic. Check it out at: <http://www.monkeysee.com/channel/show/1280>

Child Fellows **Dr. Heather Krause, MD** and **Dr. Harry Sekhon, MD** presented the topic "Mental Health and Learning in the Classroom" for the UVA Curry School of Education/School of Continuing and Professional Studies-Master of Education in Instruction Curriculum in Richmond this month. Their presentation was very well received and contained a great deal of useful information for the audience.

Bernice Marcopulos with **Anita Sim, Ph.D.**, current post doctoral fellow in Neuropsychology, and **Ernest Aucone, Ph.D.**, former post doctoral fellow, presented their poster *The impact of low education on Test of Memory Malingering (TOMM) performance among forensic and non-forensic psychiatric inpatients* at the 36th annual meeting of the International Neuropsychological Society, in Kona, Hawaii in February.

Dr. Chriscelyn Tussey, current post doctoral fellow in forensic psychology, presented *Understanding criminal behavior in the 21st century: A look inside psychology and the American justice system* on March 21 for the Virginia Correctional Association in Charlottesville.

Dr. Tussey also presented *The role of intuition in decision making among law enforcement officials* in Jacksonville, Florida on March 8 at the American Psychology- Law Society Annual Conference.

Dr. Kye Kim (Salem VAMC) presented a poster entitled *Correlation between Anosognosia and Apathy in Older Adults with Alzheimer's Disease* at the American Association for Geriatric Psychiatry Annual Conference in Orlando, Florida, on March 15.

Fellow Presents Research on LGBT Policy

On March 19, **Orly Rachmilovitz**, a Fellow with the ILPPP, appeared as a guest lecturer at Newcomb Hall and spoke about the *Rainbow Learning Rights Project*, a program created specifically to tackle the infringement of Lesbian, Gay, Bisexual, Transgender (LGBT) students' rights in California. Currently, students are denied full access to the school system and are being restricted from obtaining an equitable and meaningful education because of discrimination based on actual or perceived sexual orientation or gender identity. Ms. Rachmilovitz is helping to develop "Rainbow Learning Rights Project" to address this issue, so that intolerance will no longer lead to tragic occurrences. The recent killing of a student in California highlights the need for research, organization and training exemplified by Ms. Rachmilovitz's work.

Publications

Boris Kovatchev, Crean J, McCall A (2008). Pram-lintide reduces the risks associated with glucose variability in type 1 diabetes. *Diabetes Technology and Therapeutics*, (in press).

Boris Kovatchev, Anderson SM, Heinemann L, Clarke WL (2008). Comparison of the numerical and clinical accuracy of four continuous glucose monitors. *Diabetes Care*, (in press).

Janet Warren and Hislop, J. (2008) Patterns of female sex offenders and their investigatory significance to law enforcement and child protective services (p. 567- 581) Ed. Robert Hazelwood and Ann Burgess. *Practical Aspects of Rape Investigation: A multidisciplinary approach*. CRC Press, London, New York and Washington, DC.

Komarovskaya, Loper, A and **Janet Warren** (2007). The role of impulsivity and antisocial and violent behavior and personality disorders among incarcerated women. *Criminal Justice and Behavior*, 34, 1499-1515.

Ming Li, J. Z. Ma, T. J. Payne, **Xiang-Yang Lou**, **De-Xing Zhang**, R. T. Dupont, R. C. Elston. 2008. Genome-wide linkage scan for nicotine dependence in European Americans and its converging results with African Americans in the Mid-South Tobacco Family sample. *Molecular Psychiatry* 13: 407-416.

Dongxiao Sun, J. Z. Ma, T. J. Payne, and **Ming Li**. 2008. β -arrestins 1 and 2 are associated with nicotine dependence in European-American smokers. *Molecular Psychiatry* 13: 398-406.

Fava GA, **Stefania Fabbri**. Cognitive behavioral approach to drug resistant and partially remitted major depression. In: MA Whisman (eds.). *Cognitive therapy for complex and comorbid depression*. New York: Guilford Press (in press)

Stefania Fabbri, Fava GA, Rafanelli C, Tomba E: Family intervention approach to loss of clinical effect during long-term antidepressant treatment: a pilot study. *Journal of Clinical Psychiatry*; 2007; 68 (9):1348-51.

Bernice Marcopulos, Morgan, J. & Denney, R. L. (2008). Neuropsychological evaluation of competency to proceed. In R. L. Denney & J. T. Sullivan (Eds.), *Clinical neuropsychology in the criminal forensic setting*. New York: Guilford.

Announcement

On April 18, 2008 the ILPPP presents:

Overview of Laws for the Special Civil Commitment of Sexually Violent Predators & Professional Perspectives on Sexual Predator Commitment Laws

with

W. Lawrence Fitch, J.D.

Director of Forensic Services for the State of Maryland

Issues in Assessing the Risk Presented by Convicted Sexual Offenders

with

David Thornton, Ph.D.

Treatment Director at Sand Ridge Center in Wisconsin

For program information, please contact els2e@virginia.edu or (434) 924-5126 or visit the website at www.ilppp.virginia.edu.

Continuing education is planned for physicians, psychologists, social workers, counselors, attorneys, and others. For registration information, please visit the website or call (434) 924-5435

Registration fee:

Virginia DMHMRSAS - \$45 Other - \$95



**Happy
Spring!**



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We're updating our
website:
[www.healthsystem.virginia.edu/
internet/
psychiatric/](http://www.healthsystem.virginia.edu/internet/psychiatric/)

**Edited by
Caitlin Novero**

AD ASTRA is the monthly newsletter created by the University of Virginia, Department of Psychiatry and Neurobehavioral Sciences. Our purpose is to keep the department informed of people and events that make this department at UVA extraordinary while promoting dialogue between researchers and staff.

GRAND ROUNDS

April 8

David R. Rubinow, M.D.

Assad Meymandi Professor & Chair of Psychiatry
Department of Psychiatry

University of North Carolina at Chapel Hill

TOPIC: Depression in Women and Neurosteroids

April 22

Steve Eisenstein

TOPIC: TBA

May 13

Kurt Miceli, M.D.

Chief Resident in Psychiatry
University of Virginia Health System

TOPIC: TBA

May 27

Shane Rau, M.D., Ph.D.

Chief Resident in Psychiatry
University of Virginia Health System

TOPIC: Cognition in Schizophrenia

Neurobiology Section Lunch Seminar Series

North Fork Research Park
Time 12:00Noon - 1:00pm
Lunch will be provided

April 11

CANCELLED

April 25

Boris Kovatchev, Ph.D. & Marc Breton, Ph.D.

TOPIC: In Silico Clinical Trials: From
Mathematical Model to FDA Approval

Please continue to send your news, upcoming events, recently published articles, and pictures for next month.

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