know your BAC • know your BAC • know your BAC • know your BAC • know your BAC • know your

women after 1 hour of drinking

number of drinks	90	100	120	140	160	180	200	220
1	.03	.03	.02	.02	.01	.01	.01	.00
2	.08	.07	.06	.05	.04	.03	.03	.02
3	.13	.12	.10	.08	.07	.06	.05	.05
4	.18	.16	.13	.11	.10	.08	.07	.07
5	.23	.21	.17	.14	.12	.11	.10	.09
6	.28	.25	.21	.18	.15	.13	.12	.11
7	.33	.30	.25	.21	.18	.16	.14	.13
8	.38	.34	.28	.24	.21	.18	.16	.15
9	.43	.39	.32	.27	.24	.21	.19	.17
10	.48	.43	.36	.31	.27	.23	.21	.19

body weight (lbs.)

women after 3 hours of drinking

number of drinks	90	100	120	140	160	180	200	220
1	.00	.00	.00	.00	.00	.00	.00	.00
2	.05	.04	.03	.02	.01	.00	.00	.00
3	.10	.09	.06	.05	.04	.03	.02	.01
4	.15	.13	.10	.08	.06	.05	.04	.03
5	.20	.18	.14	.11	.09	.08	.06	.05
6	.25	.22	.18	.14	.12	.10	.09	.07
7	.30	.27	.21	.18	.15	.13	.11	.10
8	.35	.31	.25	.21	.18	.15	.13	.12
9	.40	.36	.29	.24	.21	.18	.15	.14
10	.45	.40	.33	.27	.23	.20	.18	.16

body weight (lbs.)

women after 5 hours of drinking

number of drinks	90	100	120	140	160	180	200	220
1	.00	.00	.00	.00	.00	.00	.00	.00
2	.02	.01	.00	.00	.00	.00	.00	.00
3	.07	.06	.03	.02	.00	.00	.00	.00
4	.12	.10	.07	.05	.03	.02	.01	.00
5	.17	.15	.11	.08	.06	.05	.03	.02
6	.22	.19	.15	.11	.09	.07	.06	.04
7	.27	.24	.18	.14	.12	.10	.08	.06
8	.32	.28	.22	.18	.15	.12	.10	.08
9	.37	.33	.26	.21	.17	.15	.12	.10
10	.42	.37	.30	.24	.20	.17	.15	.13

body weight (lbs.)

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