

**CPR/AED Competency Validation Checklist
for Adult and Pediatric Patients
2005**

Skills are evaluated according to AHA Guidelines¹ and BLS Performance Criteria by AHA BLS Instructors. The forms used for skills evaluation are available at the AHA website or in the BLS Instructor Manual.² To print a copy of the forms, click here or contact your unit's BLS Instructor.

Name: _____

Unit: _____

Area-Specific Information	Needs additional practice/information	Complete
State number to access Code Team (or other advanced-level care)		
State location of code cart (and/or defibrillator, and/or other resuscitation equipment).		
Adult Resuscitation Skills		
Demonstrate rescue breathing using a CPR mask for the adult victim, according to AHA HCP guidelines.		
Demonstrate rescue breathing using a self-inflating bag-mask with supplemental oxygen, according to AHA guidelines.		
Demonstrate 1-rescuer CPR for the adult victim according to AHA HCP guidelines.		
Demonstrate 2-rescuer CPR for the adult victim, according to AHA HCP guidelines.		
Demonstrate the use of the AED during adult CPR, according to AHA HCP guidelines.		
Demonstrate relief of foreign body airway obstruction (conscious and unconscious) for the adult victim, according to AHA HCP guidelines.		
Child Resuscitation Skills	Needs additional practice/information	Complete
Demonstrate rescue breathing using a CPR mask for the child victim, according to AHA HCP guidelines.		
Demonstrate rescue breathing for a child using a self-inflating bag-mask with supplemental oxygen, according to AHA guidelines.		
Demonstrate 1-rescuer CPR for the child victim according to AHA HCP guidelines.		
Demonstrate 2-rescuer CPR for the child victim, according to AHA HCP guidelines.		
Discuss the use of the AED during Child CPR, according to AHA HCP guidelines.		
Demonstrate relief of foreign body airway obstruction (conscious and unconscious) for the adult victim, according to AHA HCP guidelines.		

¹ Guidelines 2000 for Cardiopulmonary Resuscitation and Emergency Cardiovascular Care, *Circulation*. 2000;102(suppl I).

² Instructor's Manual for Basic Life Support, Part 3, Appendix A (American Heart Association 2000).

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Infant Resuscitation Skills	Needs additional practice/information	Complete
Demonstrate rescue breathing using a CPR mask for the child victim, according to AHA HCP guidelines.		
Demonstrate rescue breathing for a child using a self-inflating bag-mask with supplemental oxygen, according to AHA guidelines.		
Demonstrate 1-rescuer CPR for the child victim according to AHA HCP guidelines.		
Demonstrate 2-rescuer CPR for the child victim, according to AHA HCP guidelines.		
Demonstrate relief of foreign body airway obstruction (conscious and unconscious) for the adult victim, according to AHA HCP guidelines.		

Name/ Signature of AHA BLS Instructor

Date