

GERIATRIC SELF-LEARNING MODULE: SLEEP

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Resources for more information

Sleep

Foreman MD. & Wykle M. (1995). Nursing standard-of-practice protocol: sleep disturbances in elderly patients. Geriatric Nursing 16(5): 238-243.

Dowling G. (1995). Sleep problems of older adults. The American Nurse, April/May: 22-25.

General Aging

Ebersole P. & Hess P.(Ed) (1998). Toward Healthy Aging: human needs and nursing response (5th Ed.). St. Louis: Mosby.

Ham RJ. & Sloane PD. (Ed.) (1997). Primary care geriatrics: a case-based approach (3rd Ed.). St. Louis: Mosby.

Lueckenotte AG.(Ed.) (2000). Gerontologic nursing (2nd Ed.). St. Louis: Mosby.

Beers MH. & Berkow R.(Ed.) (2000) Merck Manual of Geriatrics (3rd Ed.). Whitehouse Station, NJ: Merck Research Laboratories.