

CAROL REES PARRISH MS, RD

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NUTRITION SUPPORT SPECIALIST

February 1991 - Present

University of Virginia Health System Center, Charlottesville, VA

Responsibilities:

- ◆ Charter member of UVAHS Medicine Nutrition Support Team
- ◆ Nutrition assessment and metabolic monitoring of patients followed by the Medicine Nutrition Support Team
- ◆ Coordinate team goals and activities
- ◆ Prepare patients for discharge on enteral and parenteral nutrition support
- ◆ Provide nutrition education to the faculty and fellows of the GI Division, housestaff, nurses, UVAHS Nursing School and dietetic interns
- ◆ Provide outpatient counseling and follow-up for patients with severe gastrointestinal disease and those on nutrition support
- ◆ Developed and implemented nutrition component of the university's home health company including the home nutrition team and the GI nutrition support clinic
- ◆ Founded UVAHS's Celiac Support Group
- ◆ Co-developed and co-direct the University of Virginia Health System's Nutrition Support Traineeship and Weekend Warrior Programs
- ◆ Co-developed and direct the UVAHS Covidien Healthcare Clinical Training Symposium (4 per year)

CLINICAL NUTRITIONIST

1981 - 1990

Fairfax Hospital, Falls Church, VA

Responsibilities:

- ◆ Nutritional assessment, monitoring and counseling of patients in the following areas: diabetes, renal, oncology, orthopedics, surgery, medicine and intensive care
- ◆ Established orientation classes for the medical housestaff
- ◆ Developed diet handbook on hospital diets and nutritional tips for medical housestaff
- ◆ Charter member of the Nutrition Support Committee
- ◆ Educational Advisor to the local chapter of Crohn's and Colitis Foundation of America

NUTRITION COUNSELOR

Gastroenterology Associates of Northern Virginia

1988 - 1990

Fairfax, VA

Virginia Medical Associates

1985 - 1990

Springfield, VA

Endocrine Associates

1984 - 1985

McLean, VA

EDUCATION

FINCH UNIVERSITY OF HEALTH SCIENCES/THE CHICAGO MEDICAL SCHOOL

Master of Science in Nutrition

August 2001

UNIVERSITY OF CALIFORNIA, Davis, California

Bachelor of Science, Dietetics, magna cum laude

March 1980

AWARDS

2006 - American Society for Parenteral and Enteral Nutrition Distinguished Nutrition Support Dietitian Advanced Clinical Practice Award
1993 - First Annual Flora Wishart Davies Memorial Caregiver Award by the American Dietetic Association

PROFESSIONAL AFFILIATIONS

Practical Gastroenterology, Series Editor for Nutrition in Gastroenterology	2002 - Present
American Dietetic Association (R597483)	1981 - Present
Dietitians in Nutrition Support DPG	1991 - Present
Virginia Dietetic Association	
Blue Ridge District Dietetic Association	
American Society of Parenteral and Enteral Nutrition	
Virginia Society of Parenteral and Enteral Nutrition - Secretary 1993 - 1995	
Certified Nutrition Support Dietitian	Spring 1992 - Fall 2002

Editorial Board Member and Nutrition advisor to:

Practical Gastroenterology Journal
Association of the Gastrointestinal Motility Disorders, Inc. (AGMD) International Medical and Scientific Advisory Board

ABSTRACTS

- ◆ Parrish CR, Walker S. Clinical response to inadvertent high dose liquid vitamin D replacement - 2 cases. [Abstract] Nutr Clin Pract 2009;24(1):137-P57.
- ◆ Parrish CR, Krenitsky JK, Stauffer C, Walker S, Fessler T. Results of vitamin D status in patients admitted to a tertiary care center with pancreatitis. [Abstract] Nutr Clin Pract 2009;24(1):138-139-P60.
- ◆ Hensley N, Parrish CR. The Cost of Checking Gastric Residuals: Time to Put the Money Where the Evidence Is? Nutr Clin Pract 2008;23(2):210. [Abstract 26-532].
- ◆ Lewis K, Parrish C, Abad-Jorge A, Fanning L. Improving the nutritional care of patients via the patient medical record: results of a physician survey. [Abstract] J Am Diet Assoc 2007;107(Suppl 3):A-45.
- ◆ Krenitsky K, Parrish CR. Participant demographics and effectiveness of an adult nutrition support traineeship. [Abstract] J Am Diet Assoc 2007;107(Suppl 3):A-46.
- ◆ Kahaleh M, Makola D, Krenitsky J, Parrish C, Dunston E, Shaffer H, Yeaton P. Long-term Feeding Tolerance and Nutritional Status in Patients with Severe Complicated Pancreatitis Fed with Polymeric Enteral Nutrition. [Abstract] J Parenter Enteral Nutr 2006;30(2):S-27.
- ◆ Kahaleh M, Krenitsky J, Liu J, Parrish CR, Yeaton P. [Abstract] Efficacy of Home Enteral Nutrition for the Treatment of Pancreatitis Using Standard Enteral Formula. [Ab168] Gastrointestinal Endoscopy 2005;61(5) at: www.mosby.com/gie.
- ◆ Parrish CR, Burns SM, Carpenter R, Smith S, Bragg S, Marshall M, Brown L, Hogan M, Bagby B, Blackstone K, Truitt JD. Keeping Patients Safe: Assuring that feeding tubes stay out of the lung. University of Virginia Health System, Charlottesville VA, ASPEN 2005. [Abstract] Nutr Clin Pract 2005;20(1):139-N048.
- ◆ Krenitsky J, Parrish CR. Participant Demographics and Effectiveness of an Adult Nutrition Support Traineeship. University of Virginia Health System, Charlottesville, VA. ASPEN 2005. [Abstract] Nutr Clin Pract 2005;20(1):139-N047.
- ◆ Willcutts K, Krenitsky J, Banh, L, Walker, S, Gasser E, Radigan A, O'Donnell K, Fessler T, Parrish CR. Is Monitoring of Serum Triglycerides Indicated in All Parenterally Fed Patients? University of Virginia Health System, Charlottesville VA. ASPEN 2005. [Abstract] Nutr Clin Pract 2005;20(1):142-N055.
- ◆ J. Netzer, C. Parrish, S. McCray, J. Morse. The Nutritional Outcomes and Complications of Outpatient-Placed Percutaneous Endoscopic Gastrostomies and Jejunostomies. [Abstract] Gastroenterology (Suppl) 2000;118(4):A773.
- ◆ Pagano A, Parrish C, McCray S, Reibel J. A retrospective review of calorie needs of enterally fed head and neck cancer patients [Abstract] Nutr Clin Pract 2000;15(3):S19 [Abstract] PO118.
- ◆ Nathanson AR, Parrish CR, Fang J, Yeaton P. A Retrospective Study of Enterally Fed Adult Patients with Pancreatitis. [Abstract] Nutr Clin Pract 1999;14:100.

- ◆ Brindisi N, Parrish, C. Enteral Tube Feeding Practices: A Sampling of U.S. Hospitals. [Abstract] *Nutr Clin Pract* 1998;13:53.
- ◆ Brindisi N, Parrish C, Morse J. Enteral Feeding – Initiation and Time To Goal Flow in a Tertiary Care Hospital. [Abstract] *Nutr Clin Pract* 1998;13:100.
- ◆ Manzari M, Parrish C, Morse J. Magnesium and Phosphate: Replacement Practices at a Tertiary Hospital [Abstract]. A.S.P.E.N 21st Clinical Congress Syllabus, San Francisco, CA, 1997:452.
- ◆ Falls S, Parrish C, Yoshida C. Improving Communication Between Physicians and Dietitians: Results of a Physician Survey on Charting Methods [Abstract]. *JADA* 1995;95:A-76.
- ◆ Oppenheim E, Parrish C, McCallum R, Morse J. Feeding the Patient After Percutaneous Endoscopic Gastrostomy: Differences Among Large U.S. Hospitals [Abstract]. A.S.P.E.N 19th Clinical Congress Syllabus, Miami, FL, 1995:594.
- ◆ Chantker S, Parrish C, Morse J. Hypoalbuminemia May Not Be the Cause of Diarrhea in Tube-Fed Patients Admitted to the University of Virginia Health Sciences Center [Abstract]. A.S.P.E.N 19th Clinical Congress Syllabus, Miami, FL, 1995:591.
- ◆ Parrish C, Sanfilippo N, Krenitsky J, McCallum, R. Nutritional and Global Assessment of Long-Term Jejunostomy Feeding [Abstract]. A.S.P.E.N 18th Clinical Congress Syllabus, San Antonio, Texas, 1994:589.
- ◆ Krenitsky J, Parrish C, Truwit J, Stone D. Enteral Feeding: Volume Ordered versus Volume Received [Abstract]. A.S.P.E.N 18th Clinical Congress Syllabus, San Antonio, Texas, 1994:604.
- ◆ Parrish C, Krenitsky J, Stone D. Extending Your Formulary with Mixers [Abstract]. A.S.P.E.N 18th Clinical Congress Syllabus, San Antonio, Texas, 1994:605.
- ◆ Krenitsky J, Sinden A, Donald P, Parrish C. Cost Effectiveness of Establishing an Enteral Product Formulary [Abstract]. A.S.P.E.N 18th Clinical Congress Syllabus, San Antonio, Texas, 1994:606.

CHAPTERS

- ◆ Parrish CR, Krenitsky J, Willcutts K. Gastrointestinal Disease. In: The A.S.P.E.N Nutrition Support Core Curriculum: A case-based approach-the adult patient. Gottschlich MM (ed.). American Society for Parenteral and Enteral Nutrition, Silver Spring, MD; 2007:508-539.
- ◆ Krumberger J, Parrish CR, Krenitsky J. Chapter 14 Gastrointestinal System. AACN Essentials of *Progressive Critical Care Nursing*. Chulay M, Burns S (Eds). McGraw-Hill Medical Pub, New York, NY, 2006:293-317.
- ◆ Parrish CR, Krenitsky J, Willcutts K. Nutrition Support for the Mechanically Ventilated Patient. In AACN Protocols for Practice: Care of the Mechanically Ventilated Patient Series, 2nd Ed. Burns SM (series editor); Jones and Bartlett Publishing, Boston, MA, 2006:193-252.
- ◆ Krumberger J, Parrish CR, Krenitsky J. Chapter 14 Gastrointestinal System. AACN Essentials of Critical Care Nursing. Chulay M, Burns S (Eds). McGraw-Hill Medical Pub, New York, NY, 2006:317-339.
- ◆ Parrish CR, Krenitsky J, Kusenda C. Chapter 19 Enteral Feeding Challenges. In: Cresci, G., Ed., Nutrition Support for the Critically Ill Patient: A Guide to Practice, CRC Press, Boca Raton, FL, 2005:321-340.
- ◆ Parrish, CR: “Gastrointestinal Issues in Person with Diabetes” In: Powers, M (ed) Handbook of Diabetes Medical Nutrition Therapy, ASPEN Publishers, Inc, Gaithersburg, MD 1996:618-637.

PUBLICATIONS

- ◆ Parrish CR. Clinical Nutrition Week 2009: meeting Report. *Adv Anaesthesiol Crit Care* 2009;1(1):26-29.
- ◆ Parrish, CR. The Refeeding Syndrome in 2009: Prevention Is the Key to Treatment. *J Supp Onc* 2009;7(1):20-21.
- ◆ Parrish CR, McClave S. Checking Gastric Residual Volumes: A Practice in Search of Science? *Practical Gastroenterology* 2008;XXXII(10):33.
- ◆ Makola D, Krenitsky J, Parrish CR. Enteral feeding in acute and chronic pancreatitis. *Gastrointestinal Endosc Clin N Am* 2007;17(4):747-764.
- ◆ Parrish CR, Green-Pastors J. Nutritional management of gastroparesis in patients with diabetes. *Diabetes Spectrum*. 2007;20(4):231-234.
- ◆ Krenitsky J, Makola D, Parrish CR. Pancreatitis Part II - Revenge of the Cyst: A Practical Guide to Jejunal Feeding. *Practical Gastroenterology* 2007;XXXI(10):54.
- ◆ Krenitsky J, Makola, D, Parrish CR. Parenteral Nutrition In Pancreatitis Is Passé: But Are We Ready For Gastric Feeding? A Critical Evaluation of the Literature - Part I. *Practical Gastroenterology* 2007;XXXI(9):92.
- ◆ Parrish CR. Nutrition concerns for the patient with gastroparesis. *Current Gastroenterology Reports*.

2007;9:295-302.

- ◆ Parrish CR, Krenitsky J. Leadership and the Art of Nutrition Support. *Support Line* 2007;29(4):10-17.
- ◆ Makola D, Krenitsky J, Parrish CR, Dunston E, Shaffer HA, Yeaton P, Kahaleh M. Efficacy of Enteral Nutrition for the Treatment of Pancreatitis Using Standard Enteral Formula. *Am J Gastroenterol* 2006;101:2347-2355.
- ◆ Parrish CR, Lin HC, Parkman H. Dietary and nutritional recommendations for patients with dumping syndrome (rapid gastric emptying). *International Foundation for Functional Bowel Disorders*. Summer 2006;15(2):15.
- ◆ Abell TL, Bernstein RK, Cutts T, Farrugia G, Forster J, Hasler WL, McCallum RW, Olden KW, Parkman HP, Parrish CR, Pasricha PJ, Prather CM, Soffer EE, Twillman R, Vinik AI. Treatment of gastroparesis: a multidisciplinary clinical, Review. *Neurogastroenterol Motil* 2006;18:263-283.
- ◆ Parrish CR, Soffer E, Parkman HP. Dietary and nutritional recommendations for patients with gastroparesis. *International Foundation for Functional Gastrointestinal Disorders - Digestive Health Matters*. Spring 2006;15(1):13-14.
- ◆ Banh L, Fessler T, Parrish CR. Complicated pancreatitis: from hospital to home to clinic - one team's approach. *Support Line* 2006;28(1):3-8.
- ◆ Parrish CR. The Clinician's Guide to Short Bowel Syndrome. *Practical Gastroenterology* 2005;XXIX(9):67.
- ◆ Parrish CR, Yoshida C. Nutrition Intervention for the Patient with Gastroparesis: An Update. *Practical Gastroenterology* 2005;XXIX(8):29.
- ◆ McCray S, Walker S, Parrish CR. Much ado about refeeding. *Practical Gastroenterology* 2004;XXVIII(12):26.
- ◆ Krenitsky J, Parrish CR. Advanced nutrition support training: a novel approach for out of the box practitioners. *Support Line, Dietitians in Nutrition Support Practice Group American Dietetic Association*. 2004;26(3):3-7.
- ◆ McCray, S, Parrish CR. When Chyle Leaks: Nutrition Intervention. *Practical Gastroenterology* 2004;XXVIII(5):60.
- ◆ Parrish CR, Krenitsky J, McCray S. University of Virginia Health System Nutrition Support Traineeship Syllabus. Available through the University of Virginia Health System Nutrition Services in January 2003; revised 2007.
- ◆ Parrish CR, McCray S. Enteral Feeding: Dispelling the Myths. *Practical Gastroenterology* 2003;XXVII(9):33.
- ◆ Parrish CR. Nutrition Intervention in the Patient with Gastroparesis. *Practical Gastroenterology* 2003;XXVII(3):53-66.
- ◆ Parrish CR, McCray SF. Nutrition Support for the Mechanically Ventilated Patient - Protocols for Practice. *Crit Care Nurse* 2003;23(1):77-80.
- ◆ Parrish CR. Introduction to New Series, "Nutrition Support in Gastroenterology." *Practical Gastroenterology* 2003;XXVII(1):16.
- ◆ Parrish CR. Enteral Feeding: The Art and the Science. *Nutr Clin Pract* 2003;18(1):76-85.
- ◆ Strategies for Feeding the Patient with Renal Failure and Gastroparesis for ikidney.com website (www.ikidney.com), January 2003.
- ◆ Yoder A, Parrish CR, Yeaton P. A retrospective review of the course of patients with pancreatitis discharged on jejunal feedings. *Nutr Clin Pract* 2002;17(5):314-320.
- ◆ Reflections Of Two Nutrition Support Specialists - American Society of Parenteral and Enteral Nutrition (ASPEN) Dietetics Practice Section ON-LINE Newsletter January 2002.
- ◆ Jesús Rivera-Nieves, Kosuke Kozaiwa, Carol Rees Parrish, Julia Iezzoni, Carl L. Berg. Marked Transaminase Elevation in Anorexia Nervosa. *Dig Dis Sci* 2000;45(10):1959-1963.
- ◆ Parrish, CR. Nutritional Care of the Patient with Gastroparesis. *On the Cutting Edge – Diabetes Care and Education Practice Group of the American Dietetic Association*. Summer 1999;20:8-13.
- ◆ Parrish, CR, McCray, SF, Wolf, AM, Wolf, A, MD. When Is Nutrition Support Appropriate? *Hospital Medicine*. 1999;June:50-55.
- ◆ Parrish, CR, McCray, SF. Nutrition Support of the Mechanically Ventilated Patient. *Crit Care Nurse* 1999;19:91-94.
- ◆ Parrish CR, Krenitsky J, McCray SF: Protocol on Nutrition in the Mechanically Ventilated Patient. In: AACN Research Based Practice Protocols on Care of the Mechanically Ventilated Patient, AACN publications Aliso Viejo, CA. Executive editor Marianne Chulay, clinical editor Suzanne M Burns. 1998.

SELECTED PRESENTATIONS

- ◆ 7/24/09 - Nutritional Aspects of GI Motility at the Association of Gastrointestinal Motility Disorders (AGMD) Digestive Motility Symposium and the University of Kansas Medical Center Office of Continuing Medical Education, Boston, MA.
- ◆ 5/21/09 – Gastroparesis: Nutritional concerns and management. American Society for Parenteral and Enteral Nutrition (A.S.P.E.N.) Teleseminar.
- ◆ 5/19/09 – Feeding the patient with pancreatitis UVAHS webinar.
- ◆ 5/15/09 - Enteral Feeding: The practice vs. the evidence and Critiquing & Applying the Literature: a case review. Alaska Dietetic Association Annual Conference, Anchorage Alaska.
- ◆ 3/30/09 - Nutritional Challenges of absorption in gastrointestinal surgery, Virginia Dietetic Association Annual Conference, Charlottesville, VA.
- ◆ 3/27/09 - Gastroparesis in patients with renal disease--nutritional implications, National Kidney Foundation Annual Conference, Nashville, TN.
- ◆ 2/9/09 - Nutritional Challenges of Absorption in Gastrointestinal Surgery. Morrison's Management Specialists Regional Meeting--All Fired Up; Annapolis, MD.
- ◆ 2/3/09 - Post-Whipple's failure to thrive on jejunal feedings: a case study. Home and Alternate Site Section Meeting. Clinical Nutrition Week 2009, New Orleans, LA.
- ◆ 2/3/09 – Vitamin D: Cases for the Clinician. Clinical Nutrition Week 2009, New Orleans, LA.
- ◆ 2/2/09 - Nutrition Intervention in Patients with Gastroparesis. Clinical Nutrition Week 2009, New Orleans, LA.
- ◆ 2/1/09 – Enteral Feeding Barriers: Gastric residual volumes and diarrhea. Clinical Nutrition Week 2009, New Orleans, LA.
- ◆ 1/16/09 - Nutrition and Dysmotility Disorders at the American Gastroenterology Association/ American Neurogastroenterology and Motility Society's Gastroparesis and Functional Dyspepsia Conference, Orlando, FL.
- ◆ 11/15/08 - The Nutritional Fall-out of Gastrointestinal Surgery, Virginia Society for Parenteral and Enteral Nutrition Annual Conference, Staunton, VA.
- ◆ 10/28/08 - Nutritional Challenges of Absorption in Gastrointestinal Surgery, American Dietetic Association Food and Nutrition Expo 2008, Chicago, IL.
- ◆ 10/25/08 - Enteral Feeding: The Practice vs the Evidence. Nestle Nutrition Annual Conference: Keeping Current - Topics in Nutrition. Vancouver, British Columbia.
- ◆ 10/25/08 - Parenteral Nutrition - passe in patients with pancreatitis? Nestle Nutrition Annual Conference: Keeping Current - Topics in Nutrition. Vancouver, British Columbia.
- ◆ 10/21/08 – Nutritional Care of the Patient with Diabetes Mellitus & Gastroparesis. Certified Virginia Diabetes Educators Seminar, Charlottesville, VA.
- ◆ 9/12/08 - Evidence vs Practice, Nutrition Support Symposium 2008, Colorado Society for Parenteral and Enteral Nutrition (CSPEN), Denver, CO.
- ◆ 6/14/08 - Nutritional Aspects of Dysmotility Disorders, Patient conference sponsored by the Gastroparesis and Dysmotilities Association, Calgary, Canada.
- ◆ 5/15/08 - Nutrition Support in the Critically Ill Patient, Grand Rounds, South Hill, VA.
- ◆ 3/2/08 - Nutrition for GI Motility & Functional GI Disorders at the 4th annual American Neurogastroenterology and Motility Society's 4th Annual Course, Atlanta, GA.
- ◆ 2/29/08 - Checking Gastric Residual Volumes: A practice in search of science, Topics in Nutrition; challenges and issues, Clarion Health, Indianapolis, IN.
- ◆ 2/21/08 – Nutritional Care of the Patient with Pancreatitis, American Association of Critical Care Nurses, Monticello Chapter, Charlottesville, VA.
- ◆ 2/12/08 – The Nutritional Ins and Outs of Gastrointestinal Diseases and Surgeries; Clinical Nutrition Week, Chicago, IL.
- ◆ 11/1/07 - The Art and the Science of Enteral Feeding, Royal Jubilee Hospital; Victoria, British Columbia.
- ◆ 10/20/07 - Gastric residual volumes and diarrhea in enterally fed patients: True lies? Annual VASPEN conference, Richmond, VA.
- ◆ 9/22/07 - Enteral nutrition lecture to Hokkaido Bunko University Students from Sapporo, Japan, Charlottesville, VA.
- ◆ 5/5/07 - Presented, Decreasing the Deficit: Successful Enteral Feeding at The Art and the Science of Nutrition in CNY, the 77th annual New York State Dietetic Association Meeting, Syracuse, New York.
- ◆ 4/25/07 – Nutritional Management in Gastroparesis, Long Island Society for Parenteral and Enteral Nutrition, Long Island, NY.

- ◆ 2/9/07 - Enteral Feeding; The art and the science. 22nd Meeting of the Japanese Society for Parenteral and Enteral Nutrition, Matsuyama, Japan.
- ◆ 2/6/07 - Enteral Feeding: The art and the science; Hiroshima, Japan.
- ◆ 2/5/07 – Enteral Feeding: The art and the science; Sapporo, Japan.
- ◆ 1/29/07 - Residual volumes: A practice in search of science? Clinical Nutrition Week (ASPEN), Phoenix, AZ.
- ◆ 1/28/07 - Chyle Leak Roundtable. Clinical Nutrition Week (ASPEN), Phoenix, AZ.
- ◆ 10/13/06 - Post-PEG Feeding, VASPEN 2006, Virginia Beach, VA.
- ◆ 10/11 and 10/12/06 - Gastroparesis in Patients with Renal Disease - Renal Care Network Symposium 2006, Detroit, Michigan.
- ◆ 9/19/06 - Managing celiac disease - the diabetes educators role, Central Virginia Association of Diabetes Educators (CVADE), Richmond, VA
- ◆ 6/9/05 - Clinical approach to short bowel syndrome, Dietitians in Nutrition Support Annual Conference, Dallas, TX.
- ◆ 5/13/05 – Short Bowel Syndrome: The Long Haul, BRDDA Spring Conference, Fishersville, VA.
- ◆ 4/9/05 - Nutrition Intervention for Chyle Leaks for the 1st Annual LAM (Lymphangiomyomatosis)/TS (Tuberous Sclerosis Complex) International Research Conference, Cincinnati, OH.
- ◆ 1/31/05 - Early enteral nutrient infusion: Increased risk or risk reduction? American Society for Parenteral and Enteral Nutrition 2005 Annual Conference. Orlando, FL.
- ◆ 10/28/04 - IV Steak and Potatoes: When and How, 31st Annual Recent Advances in Clinical Medicine by UVAHS CME Dept, Charlottesville, VA.
- ◆ 10/22/04 - Dihydrogen Monoxide: The Essential Nutrient. VA Consultant Dietitians in Health Care Facilities, "Best Practices: Care Planning, Hydration and Feeding" Annual Conference, Richmond, VA.
- ◆ 9/12/04 - Gastroparesis: Nutrition Intervention – Best Practice, Sub-committee of the American Motility Society Consensus Document. Rochester, Minnesota.
- ◆ 5/7/04 - Celiac Disease: Uncovering the Iceberg, Blue Ridge District Dietetic Association Spring Meeting, Charlottesville, VA.
- ◆ 4/22/04 - Clinical Approach to Short Bowel Syndrome, Minnesota Chapter of the American Society for Parenteral and Enteral Nutrition Annual Conference, Minneapolis, Minnesota.
- ◆ 4/7/04 – University of Virginia Curry School of Education; Nutrition 453/553, Hydration: In Normal and Pathophysiologic States.
- ◆ 4/3/04 - Nutritional Challenges in Gastroparesis - Best Approach (physician track) at the Gastroparesis: A symposium for physicians and patients conference. Johns Hopkins Division of Gastroenterology, Baltimore, MD.
- ◆ 4/3/04 - Coping with diet and nutrition in gastroparesis (patient track), at the Gastroparesis: A symposium for physicians and patients conference. Johns Hopkins Division of Gastroenterology, Baltimore, MD.
- ◆ 3/30/04 - The GI Track (nutrition intervention in gastroparesis, pancreatitis, hepatic disease), Virginia Dietetic Association 75th Annual Conference, Charlottesville, VA.
- ◆ What's Irritating Your GI Tract: Celiac Disease, North Carolina Dietetic Association's 71st Annual Conference, Research Triangle Park, NC, March 8, 2004.
- ◆ Hot GI Topics: Pancreatitis and the Legend of Residual Volumes, North Carolina Dietetic Association's 71st Annual Conference, Research Triangle Park, NC, March 9, 2004.
- ◆ The Legend of Residual Volumes, VASPEN Annual Conference, Richmond, VA, November 15, 2003.
- ◆ Enteral Feeding: The Art and the Science. Wisconsin Society for Parenteral and Enteral Nutrition (WiSPEN) Annual Conference, Madison, Wisconsin, September 25, 2003.
- ◆ Celiac Disease: Uncovering the Iceberg, 74th annual Virginia Dietetic Association Conference, Richmond, VA, April 1, 2003.
- ◆ Specific Nutrient Issues in Celiac Disease, Winston-Salem, NC Gluten Intolerance Group Regional Conference, June 21, 2002.
- ◆ GI Disorders In Diabetes Mellitus, 49th Annual Advanced Post-Graduate Course, American Diabetes Association, San Francisco, CA, Feb 2, 2002.
- ◆ Nutrition in GI Disorders, American Motility Society Course on Gastrointestinal Motility in Clinical Practice in Charleston, SC, January 20, 2002.
- ◆ The Many Faces of Celiac Disease, Annual VASPEN conference, Williamsburg, VA. Nov 2001.
- ◆ Successful Enteral Feeding: Dispelling the Myths, 16th Annual Mid-Atlantic Society for Parenteral and Enteral

- Nutrition (MASPEN) Conference, Southern Pines, NC. Sept 2001.
- ◆ Formula Selection - The Evidence and Alternatives (excludes immune-enhancing formulas). Roundtable, ASPEN 25th Clinical Congress, Chicago, IL. February 2001.
 - ◆ Oral Rehydration Therapy. Blue Ridge District Dietetic Association Spring Conference, Charlottesville, VA 2000.
 - ◆ Enteral Feeding: The Art and the Science. Annual MSPEN conference, Jackson, Mississippi. November 2000.
 - ◆ Challenging Dogma and other Textbook Tales. Greater Washington Area Chapter of the American Association of Critical-Care Nurses, November, 2000.
 - ◆ Nutritional Management of Renal Disease. Northern District Virginia Dietetic Association and Mead-Johnson Clinical Conference, October, 2000.
 - ◆ How and When to Start Enteral Nutrition Support. Fundamentals Postgraduate Course, ASPEN 24th Clinical Congress, Nashville, TN, January 2000.
 - ◆ Hydration in Normal and Pathophysiologic States, UVAHS Curry School of Education, Charlottesville, VA, December 1999.
 - ◆ Successful Enteral Feeding. Mead Johnson sponsored half-day enteral conference, Virginia Beach, VA, September 1999.
 - ◆ Enteral Feeding: The Art and the Science. Prince William Hospital Medical Grand Rounds, Manassas, VA, August 1999.
 - ◆ Weaning from Mechanical Ventilation: The Nutrition Connection. National Teaching Institute, American Association of Critical Care Nurses, New Orleans, LA, May 1999.
 - ◆ Enteral Feeding: Making it Work. (Roundtable) A.S.P.E.N. 23rd Clinical Congress, San Diego, CA, January 1999.
 - ◆ Enteral Feeding - The GI Track, (Interactive session) Virginia Society of Parenteral and Enteral Nutrition (VASPEN) Annual Conference, Alexandria, VA, 1998.
 - ◆ Enteral Feeding for the Practicing Clinician: What really Works. A Physician Symposium, Martinsburg, WVA, March 1998.
 - ◆ Nutritional Aspects of Liver Disease, MSPEN Annual Conference, Baltimore, MD, Oct. 1997.
 - ◆ "Nutrition Support for the Practicing Clinician 1st Annual GI and Hepatology Seminar," Green Bay, WI, April 1997.
 - ◆ Enteral Nutrition, Virginia Dietetic Association Annual Meeting, Roanoke, VA, April 1997.
 - ◆ Practical Tips for Enteral Feeding, (Roundtable) A.S.P.E.N. 19th Clinical Congress, Miami, FL, 1995.
 - ◆ Nutrition Intervention in Gastroparesis, Annual Clinical Diabetes Conference, Chapel Hill, NC, Fall, 1994.
 - ◆ Nutrition in Ostomy and Wound Care, WOCN Annual Conference, Virginia Beach, VA, Fall, 1994.
 - ◆ Nutrition Intervention in Gastroparesis, Annual Marriott Clinical Update, Baltimore, MD, 1993.
 - ◆ Enteral and Parenteral Nutrient Delivery, (Workshop) Virginia Society of Parenteral and Enteral Nutrition (VASPEN) Annual Conference, 1993 and 1994.
 - ◆ Nutrition Assessment: What's Practical?, 18th Annual Recent Advances in Clinical Medicine Conference, University of Virginia Health Sciences Center, Charlottesville, VA, 1991.