



## GASTRIC ANALYSIS

Read these instructions at least a week before you come for your procedure.

### WHY DO I NEED THIS TEST?

This test will help us find out how much acid your stomach makes. You may need this test if you have:

- \* Ulcers or ulcer symptoms
- \* Had stomach surgery for ulcers

### HOW SHOULD I GET READY FOR THIS TEST?

- **Do not eat or drink for 6 hours before you have the test.**
- **Do not take PRILOSEC, PROTONIX, NEXIUM, PREVACID or ACIPHEX for 5 days before the test.**
- **Do not take any of these stomach medications for 24 hours before the test:**
  - Antacids(Maalox, Roloids, Tums)
  - Tagamet
  - Pepcid
  - Zantac
  - Axid
  - Carafate
- **Do not smoke for at least 2 hours before the test.**
- **Arrive at the hospital one hour before your appointment** to allow for parking and registration in our department.
- Please limit the number of people you bring with you to our waiting room.
- **Bring a list of current medications and medication allergies with you.**

### REGISTRATION

- When you arrive at the hospital walk through the main entrance and ask the hospital receptionist to direct you to the Digestive Health Center.
- Enter our waiting room and check-in at the reception desk.
- After check-in you will be called to register.
- After registration, you will be called to the procedure area.

### HOW DO I TAKE THIS TEST?

- A nurse will explain the test to you. Ask them any questions you might have.
- You will be asked to sign a form giving the nurse permission to do the test.
- This test will take about 2 hours.
- We will numb your nose and throat with medicine.
- Then we will pass a small tube through your nose into your stomach. This allows us to take samples of your stomach fluids.
- Please wear comfortable loose fitting clothing.
- You may bring crafts or reading material with you to help pass the time.

## **WHAT HAPPENS AFTER THE EXAM?**

- You may restart all medications and eat normally.
- Your nose and throat may feel scratchy for a short while.
- Before you leave, you will be given discharge instructions. **Please contact the physician who ordered your procedure to obtain test results as it relates to your plan of care.**
- After you leave, if you have a severe abdominal pain, continuous gagging, nausea or vomiting please call us at **(434) 982-0221** or the hospital operator **(434) 924-0000** and ask for the GI doctor on-call. You may also go to your local emergency room.
- If you have questions about the test please call **(434) 924-9957**.
- If you need to cancel or reschedule your test, please call **(434) 924-9999**.
- If you are out of the area, you may use 1-800-251-3627 and ask the operator to connect you to any of the above numbers.

The Digestive Health Center of Excellence is nationally recognized for diagnosis and treatment of gastrointestinal diseases. As our patient, you will receive the best possible care by caring physicians and health care professionals.