

The University of Virginia Medical Nutrition Support Team
Presents:

Weekend Warrior Mini-Nutrition Support Traineeship

Saturday, July 14th
&
Sunday, July 15th
2007

Program Goals and Target Audience:

The week-long Nutrition Support Traineeship at the University of Virginia Medical Center has been very successful. However, we realize that it is not always practical or financially possible for clinicians to leave work or home for a full week at a time. The goal of this program is to provide as much up to date, practical nutrition support education as possible in a shorter 2-day course. Lectures will be enhanced by interactive case studies, question and answer periods, and group discussions. There is a maximum of 18 participants.

Program Schedule

Saturday, July 14:

8:30 – 8:45 Registration / Welcome (Breakfast on your own)

8:45-11:15 Enteral Nutrition—Carol Parrish, MS, RD
Enteral Nutrition Cases—Carol Parrish, MS, RD & Joe Krenitsky,
MS, RD

Enteral Feeding Tube Display & Discussion

Objectives:

Participants will be able to:

1. Identify which patients are candidates for enteral nutrition support.
2. Discuss the need for disease specific enteral formulas.
3. Identify the most common barriers to enteral nutrition delivery (aspiration, residuals, etc.) and ways to manage these issues.
4. Participants will have the chance to see and compare various types of feeding tubes available for enteral feeding.

11:15-11:30 Break

11:30-12:30 Introduction to Evidence-Based Medicine—Joe Krenitsky, MS, RD

Objectives:

Participants will be able to:

1. Identify the best sources for obtaining solid nutrition support research.

2. Critically analyze and review nutrition support literature.
3. Determine how interpret nutrition research and put results to use in clinical practice.

12:30-1:00 Lunch (provided)

1:00-3:30 Fluid and Electrolyte Management—Eugene Corbett, MD, FACP

Objectives:

Participants will be able to:

1. Describe the physiologic rationale behind fluid & electrolyte replacement orders.
2. Describe pathophysiologic alterations of selected fluid electrolyte disorders.
3. Apply this rationale to the diagnosis and management through a review of selected case studies.

3:30-3:45 Break

3:45-5:15 Parenteral Nutrition—Carol Parrish, MS, RD
Parenteral Nutrition Cases—Joe Krenitsky, MS, RD

Objectives:

Participants will be able to:

1. Identify patients who can benefit from parenteral nutrition support.
2. Develop an appropriate parenteral nutrition support prescription and care plan.
3. Identify monitoring guidelines for patients receiving parenteral nutrition.

Sunday, July 15:

9:00-10:00 Understanding the Effects of Illness—Joe Krenitsky, MS, RD

Objectives:

Participants will be able to:

1. Describe the effect that illness has on metabolism and nutritional status.
 2. Identify factors that can be used to accurately assess nutritional status.
- Improve nutrition assessment skills through interactive case presentations.

10:00-10:15 Break

10:15-11:15 Mechanical Ventilation: The Basics— Suzanne M. Burns, MSN,
RRT, ACNP, CCRN, FAAN

Objectives:

Participants will be able to:

1. Describe common modes of ventilation and the application of the modes to critically ill patients.
2. Discuss the evidence/science related to the application of the modes.
3. Identify how the information may be used in the participants' practice.

11:15–12:15 Feeding the Obese Patient—Joe Krenitsky, MS, RD

Objectives:

Participants will be able to:

1. Discuss available literature on feeding the obese patient.
2. Determine the appropriate weight to use for the obese patient based on available research.
3. Prescribe an appropriate calorie and protein level for the obese patient.

12:15-12:45 Lunch (provided)

1:00 – 2:30 Searching PubMed--Karen Knight, MS, Medical Education Librarian

Objectives:

Participants will be able to:

1. Demonstrate improved computer search skills.
2. Efficiently and effectively search for nutrition support literature.

2:45 – 4:00 Clinical Cases: Liver Disease, Renal Failure—Carol Parrish, MS, RD & Joe Krenitsky, MS, RD

Objectives:

Participants will be able to:

1. Identify the effects of organ failure on nutritional status and needs.
2. Develop an appropriate nutrition support care plan for patients with organ failure.
3. Improve clinical skills through interactive case study presentations.

Note: Participants will have the opportunity to submit cases for presentation

Program Location & Directions:

University of Virginia Medical Center

Directions:

From I-64, take the #118 exit onto 29 bypass North. Take the 1st exit to Rt. 29 Business / Fontaine Ave. Turn right at the end of the ramp onto Fontaine Ave. Fontaine changes into Jefferson Park Ave, continue straight. At the second stoplight, turn right (still Jefferson Park Ave). The hospital is ~1/2 mile ahead. After you drive under the two hospital “links” that goes across the road, turn right at the stoplight. The parking garage is on the left; there is no charge on the weekends.

Registration and Fees:

The registration fee for the full program is \$475.00. This includes lunch and refreshments each day. Participants will also receive the full UVA Nutrition Support Traineeship Notebook--consisting of 18 evidence-based modules covering many areas of nutrition support, plus many additional resources.

Registration on ‘per day’ basis is not available.

Space is limited to only 18 participants. Registration will be taken on a first come basis.

To register, please complete the registration form below and remit with payment to the address provided.

Paid registration may be canceled in writing before June 29, 2007; the amount paid (minus a \$75 fee) will be refunded. Cancellations after June 29, 2007 will be non-refundable, however, substitute participants will be accepted.

Hotel Information:

A list of nearby hotels is available by request.

CPE Hours:

This program provides 14 CPE hours (provided that it meets your Learning Needs assessment in your professional portfolio).

Contact Information:

For any questions about the program, contact Stacey McCray at sf8n@hscmail.mcc.virginia.edu.

