

## Greetings from Charlottesville, Virginia!

The Department of Dentistry has been meaning to develop a yearly newsletter for quite awhile, but, like a lot of things, we never seemed to have time to follow through on it. With the GPR Reunion/CE Meeting coming up on Oct. 27, we thought this would be as good a time as any to finally get something off to our alumni in the form of an update. We hope to continue to send a newsletter like this each year. The purpose would be to share with all of you any new developments in the program and Charlottesville area. In addition, we thought we could also share with you some of the more interesting experiences in the lives of the alumni who stay in touch with us.

## CLINIC FACILITIES AND HEALTH SYSTEM UPDATE:



For those of you who do not know it, the Department of Dentistry moved its main clinic from the Primary Care Center to **1222 Jefferson Park Ave.** in 2003. 1222 PA was renamed from the Genesis Building, which was renamed from Towers II. More "veteran" alumni may remember that Towers II was built shortly after Towers I, and Towers I was the original location of the main clinic for the department through the 70s.



The most recent clinic relocation was part of a plan that involved expansion of the Cardiology clinics into the second floor of the Primary Care Center. That expansion also displaced Pediatrics, which had shared the second floor with Dentistry the entire time Dentistry was located in PCC. 1222 JPA (newest name being Jefferson Park Medical Bldg.), though not a new building, was structurally sound and therefore subject to considerable internal renovation to accommodate new clinics after the University of Virginia Health System bought the building from Genesis. Dentistry now occupies most of the second floor, with a 12 operator



clinic and associated office space. Also in the building is University Medical Associates (essentially outpatient Internal Medicine, third floor), the Sleep Disorders Center (fourth floor), Medical Records (basement), Life Support Learning Center (fifth floor), and Employee Health (first floor). The renovations were all nicely done, so that the interior is much more impressive than the rather ordinary exterior.

1222 JPA is about a block up Jefferson Park Ave. from Primary Care Center and the Main Hospital. It is sort of recessed behind the Blake Center (formerly Towers I) at the intersection of Jefferson Park Ave., University Ave., and W. Main St. The railroad track access to the Medical Center's power plant runs behind the building, and one can get a nice view of the running trains every now and then through the operator windows. For those of you who remember PCC, the absence of any operator windows was a rather depressing omission in the design of that clinic. We now have plenty of windows in the newer clinic. The trains are not bothersome to Dentistry in the least, but they were a rather amusing annoyance to the Sleep Disorders

Center in the beginning. Apparently, the vibrations of the trains could be slightly felt by patients trying to sleep at nights in the Sleep Laboratory, and they had to figure out a way to dampen those vibrations to conduct the studies.

Regarding the Blake Center (Towers I), it has been renovated internally somewhat to accommodate largely administrative offices, but the long term plan is to raze this building and use the site for the new Children's Medical Center. It is contiguous with a



parking area that is eventually butts up against Northern Exposure (formerly Zipper's, and before that, Espresso's, if anybody can remember that far back) and other commercial real estate, like Kane Furniture, the Craft House, etc. Over the years, the University has gradually bought up commercial real estate surrounding the area. The former Max/Trax area near the railroad track crossing was bought and razed to allow construction of Clinical Laboratories. The clinical lab actually has a pneumatic tube transfer system that runs under the railroad track to the main hospital to allow transfer back and forth of samples for study. The US Post Office, which was next door to Clinical Laboratories, closed down in the Spring, and the University took over that space too. In addition, the University bought the building between the Post Office location and W. Main St., which housed a bank, a florist, and a Papa John's Pizza in years past. That building has been completely renovated. The net result of this is that Kane Furniture, Northern Exposure, and some of the other minor commercial ventures are pretty well surrounded by the University. One gets the sense that the Health System "troops" are massing at the borders just waiting for the "go" signal to invade. At some point, the University will probably own all of this, and a lot of new structures

could go up in addition to the eventual Children's Medical Center. Such a plan could include yet relocation for the Dentistry clinic, but that is probably 5-10 years down the road. For the time being, the CMC is still located out on Ivy Rd., the only change being in name—it was switched from Kluge Children's Rehabilitation Center to Children's Medical Center a

**Sayward Duggan (PGY1) with hygienist Deb Inman at KCRC**



couple of years ago. Dentistry still has a 3 operatory clinic in that building. The tentative plan for the new CMC is to include another 3 or 4 operatory clinic for Dentistry in space on a floor to be shared with other "similar" services, like Otolaryngology and Plastic Surgery. There is some talk of expanding this building to include an operating room suite, in which case Dentistry might, at some point, relocate its OR cases from the main hospital to the new facility on completion. As soon as inclusion of a separate OR is mentioned, though, it gets much more complex for everyone. Creation of a separate post-anesthesia recovery room, the potential need for a pediatric intensive care room, and duplication of operating room staff complicates things. In any event, the new CMC is a good 5 years away at minimum. The way we understand it, the hospital has pledged some 10 million dollars towards the project, but there remains some 50 million dollars to be raised by Pediatrics before the building can be initiated.

In other hospital construction news, the Medical Center is eventually going to build a new Cancer Center across the street from our previous location, the Primary Care Center. This Cancer Center will involve the sacrifice of the parking garage which currently houses the U.VA Credit Union and Cavalier Computers. Fortunately, the University is far-sighted enough to recognize that new parking will have to be

constructed before you can sacrifice existing parking, and a new deck is supposed to be constructed right next to the 1222 JPA building in a spot located by some prefabricated classroom space. We have heard that such parking construction may be initiated this winter. The eventual plan involves some sort of communicating link between the main hospital and Cancer Center on one side of the railroad track with the new parking deck and CMC on the other side. However, the Cancer Center, though better funded at this point than the new Children's Medical Center, is still about 5 years away too.

The only other major change that has taken place at the hospital involves a rather large expansion of the main OR suite. A "balloon" extension building off the side of the main hospital has substantially enlarged an already busy operating room suite. The Virginia Ambulatory Surgery Center (VASC) was re-purchased by the Health System and has been renamed the Virginia Outpatient Surgery Center. It is possible that Dentistry will relocate its operating room cases in this facility in the future.

#### **STAFF UPDATE:**

As far as our actual Department, the 4 full time GPs remain the same:



Tom Leinbach, Andy Martof, Brian Hoard, and Ted Galbraith. Andy is now Medical Director for the department, and Brian is GPR director. Tom, of course, remains the Chairman, and he has been in this position since

**Byard "Babe" Deputy** retired years ago. Babe still pops into the clinic from time to time and attends a few sporting events, but he and his wife live over in the Harrisonburg area.



**Bill Horbaly**



Bill Horbaly is still our part time orthodontist, having taken over that position in the department and John Wolfe's private practice since John retired many years ago. John and his wife, by the way, split their residence between Florida and Charlottesville. In terms of family developments, Tom's daughter, Melanie, is starting her third year at the U. of Virginia. Andy's daughter, Laura, graduated from William and

Mary and got married 2 years ago. Ted and his wife, Jessica, had a son ("Guy") a couple of years ago, so Ted now has 5 kids—3 daughters, a son and a stepson. His oldest daughter is in her second year at UNC Wilmington.

**Andy Martof**



**Andy still hunts wild game whenever he can.** It is probably fortunate for local inhabitants that the predominant color at U.VA also happens to be similar to blaze orange.

**Ted Galbraith**



**Ted** is into motorcross, and he competes around Virginia in his age group. He dislocated his shoulder a couple of years ago, and he sprained his knee this year, but he still continues to combat the trails in his motorbike.



**Brian Hoard with Gary Grimm (PGY1)**

Brian just finished his 19<sup>th</sup> marathon in April, running the second best of his 5 Boston Marathons at that race. He is currently training for his 20<sup>th</sup>, which may be his last, and the tentative target race is the Greater Hartford Marathon or Columbus Marathon in October.

Marty Hoard left the hospital for private practice a year ago. He now practices in Lynchburg 4 days a week with 2 oral surgeons he knew from VCU's Oral Surgery residency. David Abbott joined the staff as a part time periodontist a couple of years ago. Dave still teaches part time at VCU in addition to supervising/teaching periodontal surgery (including some implant surgery and pre-prosthetic surgery) at the department. The oral surgery specialty support currently comes from involvement of the local private oral surgeons at Central Virginia Oral and Facial Surgery. Peter Eisenhardt and Jack Faircloth are probably the most involved of the 6 oral surgeons in that office. R. Jonas Collins, another local oral surgeon in a solo practice, is also involved with the department from the standpoint of implant lecture and surgical support. Jonas is the "co-discoverer" of our speaker for the reunion this fall.

Sean O'Hara, technical sales representative for Zimmer Dental, our primary implant provider, has been associated with the department for so long that he seems like one of the faculty. Sean gives 3-4 implant related presentations to the residents each year. He is responsible for Zimmer's agreement to donate free implants to our residents as an adjunct to their surgical training. He also has much to do with arranging financial support for the CE program associated with the Reunion this Fall and "co-discovered" our speaker.

The program just "graduated" Emelie Miller and Troy Davidson. Emelie has gone to New York to begin a Pedodontic residency. Troy filled in part-time at a practice in Culpeper until his wife gave birth to their second child in July. He just got a job in a practice out in Spokane, Washington.



Our second year residents are **Matt Cline (U. of Maryland School of Dentistry, U. of Richmond undergraduate)**

**Danielle Cummings PGYII**



and **Danielle "Dani" Cummings (Boston U. School of Dentistry, U.of S. FL under grad).** Both of them are planning private practice in a year. **Matt** is looking at the Northern Virginia/DC area, where his fiancé can also seek business opportunities upon completion of her Darden program. Dani is thinking about practicing in the Baltimore area, and she would like to part time teach at a dental school at some point. Our new residents are Sayward Duggan (VCU School of Dentistry, U. of Virginia undergraduate) and Gary Grimm (U. of Sydney/Australia School of Dentistry, U. of Central Washington undergraduate). Sayward and

her husband are already planning to settle in this region upon completion of the residency. Gary vacillates between settling here and practicing out West with a friend who is still in dental school.



The support staff in the department has changed quite a bit over the years, so it would be difficult to bring you up to date on all of them. **Cathy Morris, Charlene Williams, Emily Richardson, and Brenda Carter** remain our “veteran” dental assistants. **Cathy Morris** was recently selected among the 10 Outstanding Contribution Award winners for the Health Center for 2006. Among the hygienists, Evelyn Grant has the most tenure, and we are sure that most of you remember her. Phyllis James (Sheetz) continues to be the Business Secretary; Cathy Pearson is the Clinic Coordinator; and Ruth Townsend is the Administrative Assistant.

#### THE PROGRAM:



On the “medical” side, the program continues to teach residents how to deliver care to medically compromised patients. Since the U. of Virginia Health System is rather progressive, this covers just about every medical problem one can imagine. We can be consulted by virtually any department in the hospital or affiliated outpatient clinic, but we enjoy closer associations with Otolaryngology, Plastic Surgery, Pediatrics, Transplant Service, Cardiology and some others. One major change that has occurred over the years is the elimination of a “walk-in” emergency clinic in favor of “special care”. Both categories tend to include a large proportion of indigent patients, but Dentistry was always a bit “oversubscribed” in this regard. The focus among the indigent population is now medically compromised patients who require specific dental treatment as an essential part of their overall rehabilitation. The emergent and routine dental care for the rest of the indigent population is largely handled through local free clinics and the like. Some of the faculty and residents volunteer their time at these clinics. Regarding dental emergencies, the residents still manage after hours call through the Emergency Room. Having the perspective of ER call dating back to the 70s, we feel as though call is comparatively lighter now that the ER is staffed by full time Emergency Medicine faculty and residents. They are more likely to sort out the non-critical dental issues from the true dental emergencies. In addition, our staff tends to refer a lot of these patients back to their dentists of record for follow up care.

On the “dental” side, the program teaches much of what it did in years past. Sedation dentistry is still a big component, but, as you would guess from the marketplace, this includes a fair amount of oral sedation as well as IV sedation. We still have a Dental OR service, and most of the associated patients are from the pediatric population. However, a larger proportion of the OR cases involve adult patient care, such as medically compromised adults who need exodontia in association with their medical care. The program is trying to shift a bit towards more cosmetic dentistry procedures to respond to the interests of dental school graduates and the dental marketplace.

We still teach both implant placement and restoration, with Zimmer being the primary implant system. Rotary endodontics makes up a component of the program, and we use the Tulsa system. Friday conferences involve lectures from our local alumni and “visiting”

professors. Such lecturers include J.C. Wolfe (sedation), Greg Wall (fixed and removable prosthodontics), Wayne Remington (cosmetic and microscope dentistry), Jack Kayton (ditto), Bob Grover (endodontics), Pete Eisenhardt/Jack Faircloth (dentoalveolar trauma and exodontia), Jonas Collins (implant surgery), Wes Haddix (implant, laser, and CAD CAM dentistry), and Dan Kelly (periodontics), as well as the full and part time faculty in the department.

Off-service rotations still include Physical Diagnosis, Anesthesiology, Emergency Medicine, and Otolaryngology. In addition to these, however, we have added full or half day private practice externships for our second year residents. The purpose of these is to allow our residents to visit local private practices to pick up practice management tips and be exposed to different philosophies, materials, and techniques. The program, by the way, is still largely a 2 year residency, with more flexibility offered for the second year resident in terms of curriculum determination. However, in recent years, we have also had some one year residents. Basically, the program is trying to recruit the best residents, irrespective of whether they are one or 2 year applicants.

#### AROUND GROUNDS AND TOWN:

In terms of developments about town, so many of you relate to different time eras that it is difficult to know where to begin. Those of you who attended the last GPR Reunion/CE program got to view the Scott Stadium expansion, which opened in 2000. The seating capacity was increased to about 60,000 at that time. The biggest development on grounds is the new basketball arena, named in honor of the father of the principle donator—the John Paul Jones Arena, nicknamed the JPJ Arena or, my favorite, “The Jack” (John Paul Jones went by “Jack” to his friends). The seating capacity of this new arena increases basketball seating from about 8,000 (University Hall) to 15,000. However, The Jack is not designed to function exclusively as a basketball venue. One end of the arena can accommodate a stage, and the sound system and acoustics were deliberately designed so as to allow it to be a great concert venue. So far, Dave Mathews Band, Kenny Chesney, James Taylor, and Eric Clapton have been booked for this Fall. In addition, they are booking other things, such as Cirque de Soleil, WWE, The Wiggles, etc. You can take a

virtual tour through the facility by [clicking on www.johnpauljonesarena.com](http://www.johnpauljonesarena.com) and following the links. As for University Hall, it will continue to stand for awhile, but the thinking is that it will eventually be taken down. For one thing, maintenance of that facility is not inexpensive (They had to replace 2 of the roof support belts several years ago.). For another thing, there is speculation that it occupies ground zero of what will someday become a massive indoor football practice facility. But all of this is hypothetical at this point, and dismantling of University Hall will not be inexpensive—there is asbestos in the roof, so it cannot simply be torn down. If you happen to come into town sometime in the future as it is being taken down, be sure to hold your breath.

Downtown Charlottesville has changed a lot for the better over the past 5 years. It has been revitalized with new construction, and that has brought new shops and restaurants. The lawn and stage setup that served as “Fridays after Five” for many years was



replaced with **the Charlottesville Pavilion**, a joint project funded by the City and Coran Capshaw (Manager of the Dave Mathews Band). Many people miss the simplicity of the old lawn and stage setup, and the acoustics of the new venue took awhile to get ironed out, but it seems to be a growing enterprise. In addition to the usual Fridays After Five shows, Capshaw has been booking bands to play other nights of the week—acts like Tool, Train, Bruce Hornsby, Big Head Todd and the Monsters, James Brown, Willie Nelson, Ryan Adams, Lyle Lovett, Bo Diddley, etc. He tries to schedule acts that cover the entire spectrum of music. If you ever want to see the schedule, [click on www.charlottesvillepavilion.com](http://www.charlottesvillepavilion.com). Capshaw also had

some financial input into the restoration of the Paramount Theatre on the Downtown Mall, and he schedules smaller drawing acts in that facility—Tony



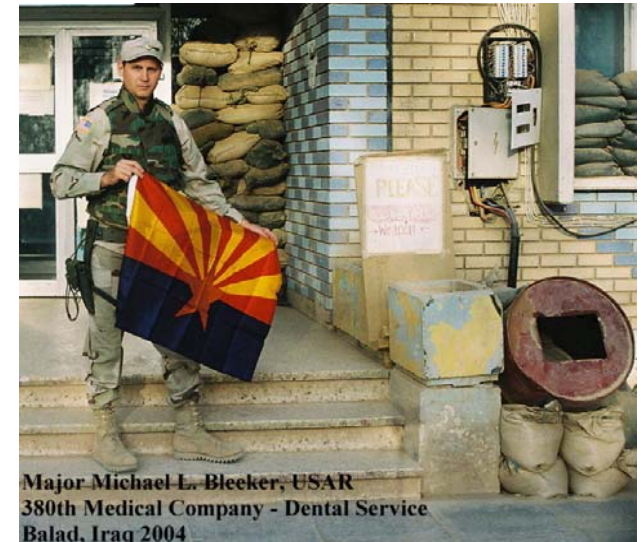
Bennet, Little Feat, etc. [The Paramount link is www.theparamount.net](http://www.theparamount.net). Capshaw still owns Starr Hill Brewery and Showroom ([www.starhill.com](http://www.starhill.com)), of course, and he actually got Kenny Chesney to play that 400 person venue last year just as Chesney was taking off (Capshaw and Chesney own neighboring escape homes in St. Johns of the Virgin Islands). Other than The Jack and the Pavilion, however, the Satellite Ballroom ([www.satelliteballroom.com](http://www.satelliteballroom.com)) on the Corner is probably the largest venue for bands...and rumor has it that Capshaw owns some 25% of that place too. Between all the purchases Mr. Capshaw has made in the area, some people jokingly say that we should rename the city “Capshawville”.

North of the city, the Greene County & Stanardsville area seems to be a target for development, much to the chagrin of the locals in that area. Capshaw bought some land out there too—rumor has it that he keeps looking for a potential venue for a larger concert pavilion, ala Nissan Pavilion. Speaking of “targets”, the region finally got a Target Store in a new shopping development near the intersection of 29 North and Airport Road. We have been told that Charlottesville can now be officially considered to be civilized with this addition. There are some other development projects in the works for 29 North closer to the city, which include a major commercial development near the intersection with Hydraulic Road in land previously owned by Sperry. If you can believe it in a place like Charlottesville, Crate and Barrel has been rumored to be appearing at this particular development sometime in the future. Who knows?

## ALUMNI UPDATE:

In one of our e-mails regarding the GPR Reunion/CE Program, we invited our alumni to return any information regarding new or ongoing projects in their lives. Only a few provided such information, but here are a smattering that some of you might not be aware of:

Mike Pruet continues to Chair the GPR program at the Medical College of Georgia School of Dentistry, but he is also faculty on the implant training course offered through the college (Comprehensive Training Program in Implant Dentistry, March-December 2006). There will be a multiple presentations at this meeting but Mike will be talking specifically on the topic of development and implementation of an implant program into an AEGD/GPR.



Major Michael L. Bleeker, USAR  
380th Medical Company - Dental Service  
Balad, Iraq 2004

**Mike Bleeker** told us he was stationed in Balad (50 mi. north of Bagdad on the Tigras River) in the summer of 2004. This was one of Saddam’s air force bases at one time, and it is now a distribution center—“Everything goes thru Balad”. Mike was at the main dental clinic, which functioned primarily as an emergency dental clinic. He said that every day was extremely hot (130 degrees) and dangerous (rocket and mortar attacks several times a day). At last word, he is at the Phoenix, AZ, VA, and he is hoping to go into private practice in that area by January of 2007.

Dr. Gordon “Gordy” Rye, as some of you might have noticed, is featured on the cover of the August issue of Dental Economics. There is a nice article about his private practice philosophy in that issue. Gordy also has a pretty nice little practice web site that you can easily Google. In terms of his non-professional life, Gordy told us that he manages and sponsors a Majors Little League team. He is also the Director of the Fairfax Little League’s Fall Ball Program. Gordy is coming to the Reunion, but the Little League duties require that he miss the Saturday football social.

“Denzel Jines: We cannot even list all the stuff Denzel is into outside of his private dental practice in St. Louis. He is on the Physicians’ Primary Care Task Force for HIV/AIDS in St. Louse and a paid consultant for the UMKC School of Medicine and MATEC. He is also on the Board of Directors for the St. Louis Food Outreach. He’s been a Police Officer with the Southern Illinois Law Enforcement Agency almost the entire period since 1979 to the present. He is a firearms instructor for the State Police and a Critical Incident Team (SWAT) member. He is also a tam pilot for search and rescue and a licensed sky and scuba diver. His son, Eric, USMC sniper/recon is doing okay after being discharged with disability secondary to the fracas in Iraq. He other son, Denzel, is US Army 4<sup>th</sup> Infantry Strike Team leader in Iraq, “his second time over in the sandbox”, as Denzel put it. I think Denzel told me that he suffered injury in Iraq too, but it was a broken foot from kicking somebody. His youngest, Mary Beth, is only in third grade, so she is sticking with dancing, ice skating, horse riding, etc. without any immediate plans to enlist.”

Dr. John Heffernan, one of our very early residents, is now John J. Heffernan, O.F.M., which stands for Order of Friars Minor. He is currently in Lima, Peru. He sends his regards, but is unable to make it and he somehow thinks that the lecture topic is less applicable to him than it was when he was in our program!

Dr. Lou Korpics is rather heavily involved in the Boy Scouts. Unfortunately, he is unable to make our

reunion due to a weekend commitment with the Scouts.

Chris Whynott is taking the Misch Institute implant course, commuting to the course from his practice in Charlottesville as necessary.

Bryan Brassington practices full time orthodontics in Richmond, after having taught part time at the VCU School of Dentistry. He says he is still “taking a whack at that rock and roll thing”, playing in a cover band in town.

Al Stenger, according to Brass, is reportedly becoming a legendary girls AAU basketball coach in Richmond. His daughter, Abby, plays, and his son, Jon, is going to be a real hoops stud. Maybe Coach Leitao will try to recruit him someday.

Muna Badawi-Strasser purchased an older practice in the Quad Cities October of 2005, which “has proven to be a bigger challenge than starting from scratch 11 years ago! It’s very busy, but going well now that I have capable and reliable staff. I keep pretty busy between this practice, teaching CPR, and getting the staff trained in forensic odontology, among other educational pursuits. I am still playing lots of tennis including USTA matches, which is fun, although I have not had a chance to run a lot here (Charlene will laugh!)...”

We wish we had more details about the alumni, but this is all we have for now. Dana Ericksen and Bob Dillman continue to have a small GPR reunion, of sorts, with Brian at the Thomas P. Hinman Dental Meeting in Atlanta, GA virtually every March. They were there for the NCAA regional final this year, and Brian seemed to continually run into J.J. Reddick, Coach K, and the Duke boosters in the Omni Hotel. Dana, by the way, has completed some 8 Iron Man competitions and has some other competition coming up this Fall. Jeff Johnson still attends just about every other one of those meetings, and even Mike Henry attended one of them a few years ago. Longtime former participants Ted Galbraith, Doug Starns, Eric Boxx, and Dave Gilrain have not attended the Hinman meeting in years, but they occasionally threaten to do so... Locally, Doug, Dave, Chris, Gary Haines, J.C. Wolfe, Desiree Bagheri, Greg Whitmer, and Christine

Owuor continue to practice and communicate with the department, with Treacy Jones a little farther away but also staying in contact.

## REUNION/CE MEETING UPDATE:

The CE course by Mark Adams, D.D.S. ([http://www.ddssolutions.net/ext/show\\_bio1.php](http://www.ddssolutions.net/ext/show_bio1.php)), “The Art and Science of Complete Dentistry”, is still on for Oct. 27. Mark says he plans to incorporate the “best of” his Charlottesville lecture (“Ten Steps to a Perfect Implant Restoration”, which he says he has updated quite a bit since the Spring) with cosmetic and reconstructive dentistry and patient acceptance techniques. Jann Balmer of the Office of Continuing Education is handling official announcements and arrangements for the CE course, Dentist’s Reception, and other social activities, but we have already sent to you some information regarding hotel arrangements if you want to get a jump on things. It stands to be a busy weekend, because The Virginia Film Festival ([www.vafilm.com](http://www.vafilm.com)) takes place Oct. 26-29. There is no word on the film schedule or celebrity actor/actress for the festival as yet, but it provides families with an alternative form of entertainment during the reunion. Jann’s official announcement is forthcoming, but the web site link is [www.cmevillage.com](http://www.cmevillage.com). Jann has 2 hotel blocks reserved for alumni at this point—The Red Roof Inn on the Corner and The Darden Executive Residence on North Grounds. The CE course will take place at the Jordan Conference Center on Hospital grounds. We are still working on a site for the reception, but Darden is a possibility. We hope to see as many of you there as possible.

As for this newsletter, we also expect to make this a continuing process. Please feel free to e-mail:

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with any updates in your personal or professional lives that you might want to share with the alumni.