



ADVOCACY CODE CARD

Resources for Common Problems

What is Advocacy? Advocacy is the work of pleading, defending, maintaining, or publicly recommending or raising one's voice on behalf of children and their families in order to improve their health and well-being.

GENERAL ADVOCACY TIPS

- Write a letter or make a phone call to the caseworker, counselor, school, or other persons involved with the family
- Encourage families to apply for needed services and to appeal if necessary
- Involve our social work services to help identify family needs and provide information on how to access available resources

SAMPLE SCREENING QUESTIONS

- Do you have health insurance?
- Do you have enough food to eat?
- Are you worried about safety for you/your child?
- Where are you living? What is your home environment like? How do you heat your home?
- How do you make ends meet?
- Every couple fights - what are fights like in your home? Are they ever physical?
- Have you ever gotten a restraining order against someone?
- For the child: Is there anything uncomfortable or confusing going on? Any secrets?

DE Pappas, M.D., J.D. Department of Pediatrics, 2004. Comments or updates? childadvocacy@virginia.edu

Updated 6/04

HEALTH INSURANCE

FAMIS/FAMIS Plus (Medicaid)
1-866-873-2647
Charlottesville United Way 972-1701

Children are eligible for FAMIS if they are under age 19, live in Virginia, have had no insurance for past 4 months, are U.S. citizens or qualified aliens, and family income is \leq 200% FPL. They can qualify for FAMIS-Plus (Medicaid) if family income is \leq 133% FPL.

# in HH	133% FPL	200% FPL
1	\$12,383	\$18,620
2	\$16,612	\$24,980
3	\$20,842	\$31,340
4	\$25,071	\$37,700
5	\$29,300	\$44,060
6	\$35,530	\$50,420
7	\$37,759	\$56,780
8	\$41,989	\$63,140

ADULT EDUCATION

Albemarle	296-5888
Albemarle ESL	296-3872
Charlottesville ESL	245-2817
Greene	985-5239
Louisa	540-894-4679
Nelson	263-8317
CATEC	973-4461
PVCC Continuing Ed.	977-3900
UVA Continuing Ed.	982-5513
Blue Ridge ESL	977-7988
Literacy Vol. Ch/Alb	977-3838
Literacy Vol. Fluvanna	589-2060
Literacy Vol. Louisa	540-967-1051
Literacy Vol. Nelson	263-8228

BREASTFEEDING/LACTATION

Ameda/Egnell Locations	800-323-8750
CMH Consult/rental	540-829-5775
Lactation Corner rental (Char)	982-8440
La Leche League	1-800-LA-LECHE
MJH Consult	982-8440
Medela Rent Locations	1-800-TELL-YOU
RMH Consult/rental	540-433-4266
UVA Consult	982-3316

CARS

Wheels to Work	295-3171
Louisa Transport. Init.	540-967-9522

CHILD ABUSE

Child Abuse/Neglect Hotline
1-800-552-7096
See also Departments of Social Services

CHILD CARE

Referrals:

United Way Info/Referral	972-1703
Children Youth & Fam. Serv.	296-4118

Financial Aid/Scholarships:

United Way Scholarships	972-1703
Project Link	972-1760

Temporary Child Care:

Loving Neighbors in Christ	977-7457
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CHILD SUPPORT

Div. of Child Support Enforcement
1-800-257-9986

COUNSELING/PARENTING

Counseling:

Children, Youth, & Fam. Serv.	296-4118
Community Attention (24 hr)	970-3342
Family Preservation Services	293-4262
Mental Health Referral Serv.	977-4673
Region Ten CSB	972-1800
UVA Child/Family Psych.	243-6950
UVA Family Stress Clinic	924-1613
UVA Clinical Psychology Serv.	924-7034
Ainsworth Clinic (free)	982-4737

Parenting:

Health Fam/Fam Partners Pro	296-4118
Fathering Initiative	296-4118
FOCUS Mediation	975-9400
Jefferson Area CHIP	296-1359
Partnership for Children	220-KIDS
Project Link	972-1760
The Parent Center	817-1234
VA Coop. Ext, Char/Alb	984-0727
VA Coop. Ext, Fluvanna	591-1950
VA Coop. Ext. Greene	985-5236
VA Coop. Ext, Louisa	540-967-3422

DEPARTMENT OF SOCIAL SERVICES

Albemarle Co.	972-4010
Buckingham Co.	969-4246
Charlottesville	970-3400
Culpeper Co.	540-727-0372
Fluvanna Co.	842-8221
Greene Co.	985-5246
Louisa Co.	540-967-1320
Madison Co.	540-948-5521
Nelson Co.	263-8334
Orange Co.	540-672-1155

INDIVIDUALS WITH DISABILITIES

ACT OF 1997 (IDEA): Provides spec.ed/related services, to include transport, PT, OT, speech, SW, nursing, counseling, medical diagnosis/eval. to **children aged 2-21 with certain disabilities: MR, deafness, speech, vision, ED, orthopedic, autism, traumatic brain injury, specific LD, OHI causing "limited alertness to the educational environment" with adverse effect on the child's education such that spec. ed. is required.**

Parent or school makes referral to school child study committee; committee decides if evaluation indicated. Comprehensive evaluation within 65 days; IEP meeting with school/family to determine eligibility. If eligible, IEP is developed within 30 days. Re-evaluated annually (but may be modified as needed) with triennial eligibility determination.

SECTION 504, REHABILITATION ACT

OF 1973: Civil rights statute to protect the rights of people with disabilities from discrimination by any agency receiving fed. funds (incl. public schools); applies to students with physical or mental impairment that "substantially limits one or more major life functions" (i.e. learning), including ADHD. If found eligible, the child is entitled to a 504 plan detailing "reasonable accommodations" and related services (counseling/assistive technology).

Parent makes referral to school; eligibility determined, may have testing; if eligible 504 plan developed (may be modified as needed).

For the child with ADHD, 504 plan may include: modified homework, unlimited time for tests, preferential seating, organizational assistance, behavioral mgmt, modified test delivery, increased use of technology (computers), small group setting for standardized tests, careful matching with teachers, etc.

DISABILITY

Infant/Toddler Early Intervention
Alb, Char, Flu, Greene, Nel, Lou
924-5357
Cul, Fauq, Mad, Orange, Rappa.
540-937-2155
Buckingham 392-5914
Lynchburg 455-2295
Arc of the Piedmont 800-732-9507
Infant Dev. Project 977-4003
Va. Institute of Autism 923-8252
Special Olympics 800-732-9507
Dept. Rehab. Services 296-5621
Infant/Toddler Connection 924-5694

DOMESTIC VIOLENCE/SEX. ASSAULT

Sexual Assault Resource Agency (SARA)
977-7273
Shelter for Help in Emerg. 293-8509
Family Violence/Sexual Assault Hotline
1-800-838-8238
United Support 293-2273
FOCUS Teensight 295-8336
FOCUS Women's Res. Ctr 293-2222

DONATIONS & THRIFT STORES

Albemarle Baptist Assoc. 964-1165
Pregnancy Ctr of Central Va 979-8888
Church of Brethren (Clothes) 973-3639
Good-to-Go Boutique 972-1760
Salvation Army Thrift 979-5230
Schoolhouse Thrift 973-2271
Twice is Nice 293-8319
Love in the Name of Christ 293-6060
Va. Baptist (Clothes) 977-6876
Fluvanna Christian Service 589-8231
Rural Outreach-Fluvanna 589-2521
Rural Outreach-Nelson 263-8119

EDUCATION

Special Education Support Services:
Piedmont Regional Ed. Prog. 975-9400
Arc of the Piedmont 977-4003
The Learning Center 977-6006
Other Educational Resources:
UVA Ed Consult (outpt) 872-8406
Parent Resource Center 975-9400
Legal:
JustChildren 977-0553

GRIEF

Hospice of the Piedmont 817-6900
Compassionate Friends 974-9314
Living Objectives (widows) 296-6148

EMPLOYMENT

Job Counseling/Training:

Alb. Bapt. Job Readiness Prog. 977-6876
Alb. Career Center 972-4010
Connecting People to Jobs Init. 296-7008
FOCUS Women's Res. Ctr 295-8336
FOCUS Teensight 295-8336
Piedmont Works Career Ctr 977-2662
Piedmont Works Louisa 540-967-5201
UVA Ed Sch Career Counseling 982-2361
UVA Internship Prog. 982-5552
UVA Personal & Career Dev. 924-0783
Va. Dept. of Rehab. Services 296-5621

Employment Assistance:

Albemarle Human Res. 296-5827
Char. Human Res. 970-3490
UVA Human Res. 924-4598
Va. Employment Comm. 984-7630
Weed & Seed Program 970-3120
Va. Unemployment Comp. 984-7630
WorkSource Enterprises 972-1730
Va. Baptist Job Readiness 977-6876
Jobsight/FOCUS 977-5627
MACAA Opportunity Knocks 295-3171

FINANCIAL ASSISTANCE (TEMP.)

CARES 220-0800
MACAA-Fluvanna 842-2521
MACAA-Louisa 540-967-9522
MACAA-Nelson 263-8119
Orange Emerg. Council 540-672-3447
Salvation Army 295-4058
Fluvanna Christian Service 589-8231
Church of the Incarnation 973-4381
TANF, see local DSS

FOOD AND NUTRITION RESOURCES

Food Stamps, see Departments of Social Services
United Way Info/Referral 972-1703
Meals on Wheels 293-4364
Soup Kitchens 972-1703
Emergency Food Bank 979-9180
Salvation Army Meals 295-4058
Church of our Savior Pantry 973-6512
WIC, see local Health Departments

HEALTH CARE RESOURCES

Health Departments:

Buckingham 392-3984
Char/Alb 972-6219
Culpeper 540-829-7350
Fluvanna 591-1960
Greene 985-2262
Louisa 540-967-3703

Madison 540-948-5481
Nelson 263-8315
Orange 540-672-1291
Other Health Care Resources:
AIDS/HIV Services 979-7714
CVCHC (Buckingham) 581-3271
UVA Internat'l Adoption Clinic 924-9130
Planned Parenthood 296-2330
Poison Control Center 1-800-222-1222
Pregnancy Ctr of Central Va 979-8888
Salvation Army Med. Assist. 295-4058
UVA Teen Health Clinic 982-0090
Westhaven Clinic 971-1200

HOUSING/SHELTER

Salvation Army 295-4058
Shelter for Help in Emerg. 293-8509
MACAA Hope House 295-3171
SAFE (Culpeper) 540-825-8876
Albemarle Housing Office 296-5839
C'ville Housing Authority 970-3253

HOUSING REHABILITATION/REPAIR

AHIP Home Rehab & Repair 817-2447
Char. Home Owner Rehab 970-3182
Char. Free Paint Program 970-3182
JABA Home Safety/Repair 817-1634
USDA Rural Development 975-0047
Weatherization Program 293-3777
Fuel/Cooling Assistance, see local DSS

IMMIGRANT/REFUGEE RESOURCES

UVA Internat'l Adoption Clinic 924-9130
Internat'l Refugee Committee 979-7772
UVA Internat'l Fam. Clinic 924-5348

LEGAL SERVICES

FOCUS Lawyers Assistance 293-2222
Legal Aid Justic Center (Char) 977-0553
Legal Aid Justice Center (outsideChar)
1-866-LEGALAID
Central Va Legal Aid 296-8851

MENTAL HEALTH RESOURCES

UVA Psychiatry Consult 924-2701
Central VA CSB-Lynchburg 847-8050
Crossroads CSB-Buckingham 392-7049
Orange Fam. Guid.-24 hr 540-672-2739
Rappahannock CSB-F'brg 540-373-3223
Rappahannock-Rapidan CSB
(Culpepr, Madison, OR) 540-825-3100

Region Ten CSB (24 hr) 972-1800
Charlottesville 972-1810
Fluvanna Co. 589-8276
Greene Co. 985-5220
Louisa Co. 540-967-2880
Nelson Co. 263-4889

SUBSTANCE ABUSE/SMOKING

Alanon 1-800-344-2666
Alateen 1-800-344-2666
Alcoholics Anonymous 293-6565
Narcotics Anonymous 979-8298
Region Ten CSB 972-1800
"Plan to Quit," MJH (free) 982-7009
"Thinkin' About Quittin," Culpeper (free)
540-829-4190

SAFETY

Car Seat Hotline "Safe Kids" 243-5862
Seminole Trail Fire Station 973-1717
Stoney Point Fire Station 973-7733
Earlysville Fire Station 973-8862
Poison Center 924-5543

TEEN RESOURCES

UVA Teen Health Clinic 982-0090
C'ville Pregnancy Center 979-8888
FOCUS Teensight 295-8336

TRANSPORTATION

Char. Transit System 970-3840
Greene Co. Transit 985-5205
JAUNT 296-6174
RideShare 979-7310
University Transit System 924-7231

YOUTH AFTER-SCHOOL

Boys & Girls Club 977-2001
Boy Scouts 540-943-6675
Comm. Attention Teens Give 970-3334
Girl Scouts 296-5156
Hope Partnership 973-4381
Mentorville 972-1703
UVA Madison House 977-7051
Computers4Kids (gr. 7-12) 817-1121
MACAA Project Discovery 295-3171
Piedmont Family YMCA 974-9622
6th Street Afterschool 972-1790