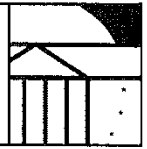


UVA OUTPATIENT SURGERY CENTER (OPSC)
Battle Building
1204 West Main Street
Charlottesville, VA 22903

Patient and Family Education



Surgeon Name/Pager: _____

Surgery Name: _____

Surgery Date _____

ARRIVAL TIME: _____ (provided during phone

call)

Patient Label or

Patient NAME

Patient UVA MRN

ADULTS PREPARING FOR SURGERY at OPSC

Thank you for choosing us for your surgery. We are here to provide you and your family with safe, high-quality healthcare.

- The nurse will begin making calls **(3)** days before your surgery. **Please be sure we know the best phone number to use to reach you.**
- The nurse will be available to give your instructions and arrival time until 6:00pm on the day before your surgery.
- On the day of your surgery, if you have a **cold, cough, fever or flu symptoms**, please call 434-982-6100. Staff arrives at 5:30am. If you get voice mail, please leave a message.

Please follow instructions in the section checked below:

☐

You do **NOT** need an anesthesia assessment prior to surgery; please go to OPSC on day of surgery.

☐

You need to have a **WALK-IN assessment** prior to surgery at the Pre-anesthesia Evaluation and Testing Center (PETC), located in the Main UVA Hospital Lobby at 1215 Lee Street, Charlottesville VA.

PETC is open Monday-Friday 8am-5:30 pm, Wednesday 9am-5:30 pm.

- This is a walk-in clinic; **please allow 2 hours**; Plan ahead with food, drink, medical equipment, etc.
- If you are unable to come to the PETC appointment, you must contact your surgeon. Failure to visit PETC and have an assessment may result in cancellation of your surgery.

☐

You need to have a **PHONE assessment (which usually takes 30 minutes)** before surgery and DO NOT need to go to PETC. Please be sure we know how to reach you. A nurse will call you before your surgery date. Please let us know the best phone number to use to reach you.

FAILURE TO FOLLOW ALL INSTRUCTIONS MAY RESULT IN CANCELLATION OF SURGERY.

NO FOOD OR BEVERAGES AFTER MIDNIGHT; this includes gum and tobacco.

You **MAY** have only the following up to **TWO HOURS** before your **ARRIVAL** time:

• Gatorade	• Water	• Apple juice	• Pedialyte
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MEDICATIONS:

You will be given specific instructions for medications to be taken on the day of your surgery.

OTHER INSTRUCTIONS:

- You **MUST** have a responsible adult with you on the day of surgery.
- You may **NOT DRIVE** after surgery or sedation.
- Please shower before surgery with anti-microbial soap (Cetaphil, Dial, Dawn).
- Please wear comfortable, loose-fitting clothes that will be easy to put on after surgery.

WHAT TO BRING THE DAY OF SURGERY:

- ☐ Glasses/contact lens/hearing aid cases (if you use them)
- ☐ Medical insurance card/Photo ID
- ☐ Advance Directive (if you have a completed one or we can give you a blank form)
- ☐ CPAP machine (if you have a diagnosis of sleep apnea)
- ☐ Please remove all jewelry prior to arrival

Do not bring any valuables; we are not responsible for lost or damaged electronics or belongings

SURGERY SAFETY STEPS:

- Each time we care for you we will check your armband and verify your identity (name and date of birth).
- Your Surgical Consent form should be reviewed with you and signed showing your agreement to the surgery; understanding of the need for the surgery; and the risks.
- We will verify what surgery you are having and location. If surgery involves right or left, your physician will mark the site on your body.
- A time-out check is completed in the OR before surgery to confirm the correct patient, correct procedure and correct location (site).
- Please feel free to ask all our team members if they washed their hands. We prevent infections by careful hand washing as well as the provision of antibiotics and/or surgical scrub (if needed).

Please come to 11th Street Garage, Level C, on day of surgery. See enclosed map.