



## PERCUTANEOUS ENDOSCOPIC GASTROSTOMY (PEG) PROCEDURE INFORMATION

You have been scheduled for a procedure to place a feeding tube at the Digestive Health Center. Our locations include 500 Monroe Lane and the University of Virginia Medical Center (see insert for directions).

**Your appointment is on: \_\_\_\_\_ at \_\_\_\_\_.**  
**Arrive at \_\_\_\_\_ for registration and to prepare for the procedure.**

1. You will need to have a responsible adult driver to drive you home. **The driver must be with you when you register and must remain in the facility during the entire procedure process.**
2. Your time with us may range from 2-4 hours. In order to have seating for all Digestive Health patients, we ask that only one person be in the waiting room with you. Please leave all jewelry and piercings at home.
3. You should not eat solid foods, have tube feeding or drink milk products after midnight the night before your procedure. You may have clear liquids only until 2 hours before you arrive for your appointment. **DO NOT** drink anything after that time.
4. If you have medicines for heart conditions or blood pressure, please take them as usual on the morning of your appointment with a small sip of water. Please bring a list of your current medicines with you.
5. If you use a machine at home to treat Sleep Apnea you **MUST** bring it with you to this appointment. Sedation or anesthesia during your procedure is like sleeping but much deeper. Medicines used during sedation and anesthesia can decrease your respiratory drive and relax tissues used to keep your airway open – thus, it is very important to use your CPAP during the procedure to maximize you breathing safely. This is true even if you rarely use your CPAP.
6. If you are on medicine for diabetes please call your Primary care doctor to have diabetic medicine doses changed for the day of your procedure, because you will not eat on the morning of your appointment.
7. If you are on prescription blood thinners please call your doctor for instructions.
8. If you are having general anesthesia you may be asked to have additional lab work or other pre-testing as part of the preparation for anesthesia. If necessary, you will be contacted with further instructions.

Preparing for this procedure is very important! If you have questions, call 434-982-0225 Mon-Fri 8-5pm to speak to an Endoscopy Nurse.

Thank you for choosing The Digestive Health Center at The University of Virginia.